

# PARANORMAL UNDERGROUND®

Volume 14, Issue 1

January 2021

## HALO PARANORMAL INVESTIGATIONS

Binding the Egregore:  
Inside the Magic Resistance

HAUNTED HOTELS OF THE  
FRENCH QUARTER

The Werewolf of  
Bettembourg

### ALSO INSIDE:

UFOs AND THE FUTURE OF HUMANKIND: PROPHECIES FROM ALIEN REALMS

5 TIPS FOR MANAGING STRESS & ANXIETY

THE UFO DEBATE: WHEN IS THERE ENOUGH PROOF?

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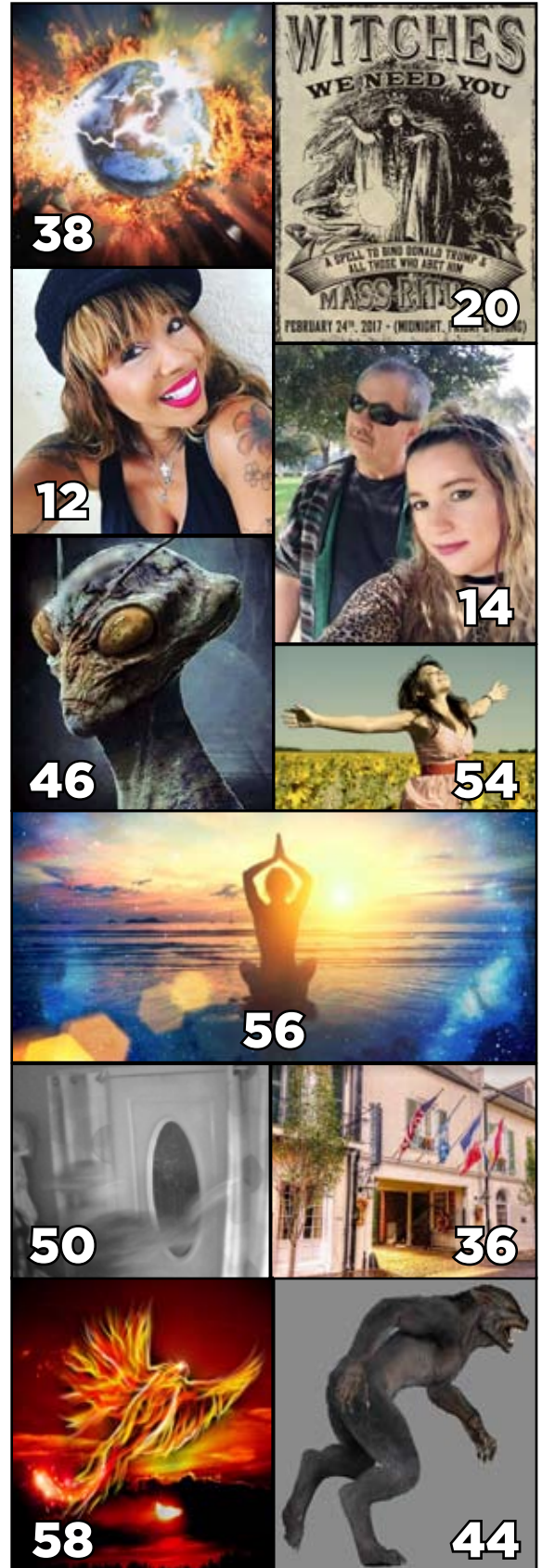
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## BRITTANY BRETT

**B**rittany is a Scottish Canadian residing in England. She works for the NHS by day and is a pagan illustrator by night. Her dream is to own a creepy wee house in a forest with many animals where she can listen to psychedelic folk music and draw to her heart's content.

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## SEAN CASTEEL

**S**ean is a freelance journalist who has been writing about UFOs, alien abduction, and many other paranormal subjects since 1989. His writing has appeared in *UFO Magazine*, Tim Beckley's *UFO Universe*, *FATE Magazine*, *Mysteries Magazine*, and *Open Minds Magazine*, among others.

Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

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## BOB FOUNTAIN

**A**s an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process. As a special projects manager primarily involved in process engineering, and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena.

He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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**K**aren is a psychic medium and author and cohost of the podcasts *Intention Is Everything* and *Paranormal Underground Radio*. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*; *Dark of Night in the*



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Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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## WILLIE WINDWALKER GIBSON

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Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.



## RICK HALE

**A**native of Chicago, Illinois, Rick has had an interest in anomalous phenomena since having a positive encounter with an apparition at an early age. He is the deputy editor of *Mysterious Phenomenon* for *Spooky Isles* and is the author of *The Geek's Guide to the Strange and Unusual: Poltergeists, Ghosts & Demons* and *Behold! Shocking True Tales of Terror ... And Some Other Spooky Stuff*. Rick also appeared in *Ghost Tapes 2* and several episodes of *Ghost Tapes The Series* found on YouTube.com.



## ADAM-MICHAEL JAMES

**A**dam-Michael James (AMJ) is a child of the '70s who became interested in TV at an early age. *Bewitched* was the springboard; AMJ used to record episodes on cassette. This led to his first two *Bewitched* books: *The Bewitched Continuum: The Ultimate Linear Guide to the Classic TV Series*; *I, Samantha, Take This Mortal, Darrin*; and *Samantha's Seventies*, which continues the Stephens saga.

In addition, AMJ crafted the book and lyrics for the musical drama *The Nine Lives of L.M. Montgomery*,



which he hopes to see transferred to the screen, and has been writing opinion columns on soapcentral.com since 2009. He currently lives in Prince Edward Island, Canada with his cat Shadow.

#### CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Intention Is Everything* podcast, and producer of *Paranormal Underground Radio*. She has more than 30 years of experience as a professional writer and editor and has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

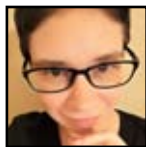
Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

[paranormalunderground.net](http://paranormalunderground.net)



#### MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life. Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



#### ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine.

Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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#### RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experimenter herself, dealing with paranormal phenomenon since childhood. The silk road of life has led

Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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#### PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials.

Paul is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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#### KARINA RUIZ DIAZ

Karina is a graphic designer. She's also the artist of the beautiful posters that have announced each Bind Trump ritual since the very first binding in February 2017. On Facebook, her alias is Karina Higgs-Boson. On Twitter, her alias is Kitty\_Lemiew.



#### IAN WHITE

Ian is a journalist, author, and screenwriter. He is currently writing a novelization of the horror film *Another* and has a feature screenplay in development that is loosely based on H.P. Lovecraft's *The Dreams in the Witch House*. He lives in the U.K. and runs the copywriting agency Front Page Media with his wife, Kate, and their magical feline familiars, Jinxy and Pyewacket.



#### CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of [www.ParanormalUnderground.net](http://www.ParanormalUnderground.net).

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

[paranormalunderground.net](http://paranormalunderground.net) ♦





# PARANORMAL UNDERGROUND®

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# A LOOK INSIDE THE #MAGICRESISTANCE MOVEMENT

Donald Trump has been a controversial figure ever since he took office in 2017. Agree with his views and policies or not, he represented a cry from a certain subset of the population in the U.S. who felt like their concerns weren't being listened to by many of the politicians in Washington, D.C.

Then, of course, you had the other side of the equation — the people who felt that Trump represented everything that was wrong with our society, including greed, corruption, self-centered behavior, incompetence, among other things.

Arising out of the feeling that people needed to take a stand against Trump and his ethos, the Bind Trump movement was born. Called the "Magic Resistance," the Bind Trump movement sought to bind Trump through the use of magic and keep him from causing as little damage as possible to the U.S., its institutions, and the world at large while he served as U.S. president. While it might seem fanciful to some, for others it was a reality they chose to live in for "the good of the world."

Author, and good friend of *Paranormal Underground* magazine, Ian White wrote a special report for this month's issue about the Bind Trump movement. In his

feature, he raises important points about this social phenomenon and its effects on the world. An intriguing read, whether you like Trump or not, Ian delves into the psychology behind the movement and talks to the Bind Trump creator, Michael M. Hughes, as well as others.

Personally, I like the Bind Trump movement. Why? Because whether you believe in witchcraft or not, I think the movement is a healthy outlet for voicing frustrations with a political figure. The opposite reaction to voicing frustration with political processes has proven to be far more violent throughout history, and even as recently as

January 6, 2021, at the U.S. Capitol Building in Washington, D.C.

Ultimately, to end the division, and even hate, we see in today's society — to stop the "us" vs. "them" mentality — we must all come to the realization that while we may look different, talk different, follow different religions, adhere to different lifestyles, we are all the same ... we are all spiritual beings from the same source.

A good way to start closing the divide we currently face in society is through understanding and compassion. And as the saying goes, "You can't understand someone until you've walked a mile in their shoes." ♦



Chad Wilson,  
Publisher



**B**ecause most paranormal events have been cancelled due to the COVID-19 pandemic (also known as the novel coronavirus), in place of our Calendar of Events this month, we are providing you with a list of coronavirus resources.

For information on the pandemic, you can visit the links below:

## World Health Organization

[www.who.int/emergencies/diseases/novel-coronavirus-2019](http://www.who.int/emergencies/diseases/novel-coronavirus-2019)

- How to Protect Yourself
- Country & Technical Guidance
- Your Questions Answered
- Travel Advice
- Situation Reports

## Centers for Disease Control and Prevention

[www.cdc.gov/coronavirus/2019-ncov](http://www.cdc.gov/coronavirus/2019-ncov)

- How to Protect Yourself
- If You Think You Are Sick
- What You Need to Know
- Resources for the Community

## Harvard Health Publishing: Harvard Medical School

[www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center](http://www.health.harvard.edu/diseases-and-conditions/coronavirus-resource-center)

- FAQs About Coronavirus and COVID-19

- Podcasts, including “How to Conquer Your Anxieties During the COVID-19 Outbreak”
- Questions and Answers

## The White House/CDC/FEMA

[www.coronavirus.gov](http://www.coronavirus.gov)

- How to Prepare and Protect Yourself
- What to Do if You Think You Are Sick
- What Are the Symptom?
- Who Is at Highest Risk?
- What Is Social Distancing?

## U.S. Department of Labor

[www.dol.gov/coronavirus](http://www.dol.gov/coronavirus)

- Workplace Safety
- Wages, Hours, and Leave
- Unemployment Insurance
- Support for Dislocated Workers and States
- Job Corps Students
- And more work-related issues due to the coronavirus

## National Institutes of Health

[www.nih.gov/health-information/coronavirus](http://www.nih.gov/health-information/coronavirus)

- Symptoms and Testing
- Prevent Getting Sick
- Daily Life and Coping
- If You Are Sick
- People Who Need Extra Precautions ♦

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(Photo by Harry Fischer)

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# HAUNTED MANSION, SINGAPORE MONKEY MAN, AND THE GHOST IN THE KITCHEN

BY MORGAN LINEBERRY

## TULSA BURGER JOINT GHOST

**R**eady to grab a burger and possibly get spooked? Kevin Severin of *Fox 25 News* explains that at “family-owned Dick’s on 66 in Sapulpa [Oklahoma],” you may get both.



Sooner Paranormal investigated the paranormal activity, and placed cameras inside the restaurant overnight. The team caught some interesting activity, including “the lights flickering on and off” and “a bizarre strand floating in front of a camera in the dining room, followed by a growl.”

Plus, they recorded spirit voices that reportedly said, I told you not to whisper” and “We’re dead.” It sounds like either something unpleasant is there or Casper is hungry.

## MAXWELL MANSION MYSTERY

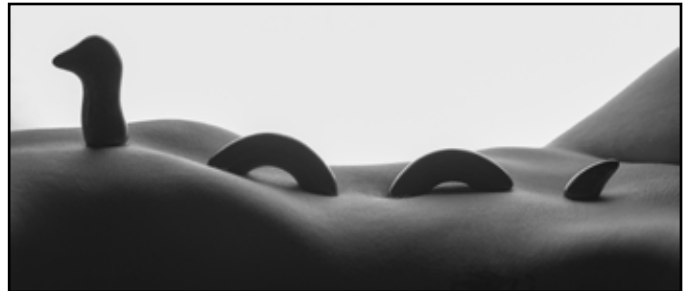
**M**axwell Mansion, a historic hotel located in Lake Geneva, Wisconsin, may be a go-to spot if you’re looking to spend the night with some ghosts, according to Dennis Hines of *Kenosha News*. It is known that “there have been many ghostly sightings in the hotel over the years,” including a little boy, a figure who watches guests, and a cash register that keeps ringing up a Bloody Mary by itself.

During a recent investigation at the Hotel, Wisconsin Paranormal Research “found numerous signs of ghostly activity during their investigation.” The oddities included footsteps, strange lights, and unknown voices.



## 13TH NESSIE SPOTTING OF 2020

**2**020 wouldn’t be complete without a final Nessie spotting. According to *Daily Mail* news writer Aliko Kraterou, Louise Power “caught sight of ‘something strange’ in the water below — less than half-a-mile away — and she decided to film it on her phone.” The sighting took place on November 13 when Power and her mother were walking near the loch.



They spotted a large whitish gray object that did not look like anything that should be living in the loch. “It just shows that whatever the situation, Nessie has not gone away and is finishing the end of the year with another unexplained appearance.” Now we are sufficiently ready for more sightings in 2021.

## MONKEY MAN PHOTOGRAPHED IN SINGAPORE

**T**he most interesting thing about Bigfoot-like creatures is that sightings pop up all over the world. *Unexplained Mysteries* states that a monkey man was caught on camera in Singapore in December.

The “bipedal hominid has been sighted several times over the last few years and now it has even been captured





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HAVE YOU EVER WANTED TO WALK IN THE SHADOWS OF VAMPIRES, GHOSTS  
AND CRYPTIDS?  
DOES LEARNING ABOUT MACABRE, THE STRANGE, OR THE WICKEDLY EVIL  
FEED YOUR SOUL?**

Then I invite you to join me at "Where the Dark Corners Are", a podcast geared toward people who believe in the paranormal, who love traveling, who seek the ghostly stories, and learn about the morbid, the chilling and the seriously spooky.

Using the haunted world as our road map, each week we will visit a ghostly hot spot, anywhere from the port of New Orleans to the abandon castles of Romania.

And, as a gruesome bonus, on occasion, I will be joined by Da Panda, Panda Mike, as we take a road trip to a specific location, where we stop and discuss said place of absolute darkness and the horrifying madness that transpired there.



So join us on



on camera.” Locals claim that the creature is immortal because it has been spotted so much over many years. Different people have different ideas about what it is, including a possible djinn spirit. The photo definitely shows something gorilla-like and unusual for the area.

## DATABASE TRACKS U.S. UFO SIGHTINGS

Apparently, aliens were active in 2020! The National UFO Reporting Center has a list of all reports sent to them. Some of these reports include “flickering colored lights in the night sky, indistinguishable shape, sort of swaying / hovering / rotating around” (in New York), “light streaks across the sky over Los Angeles,” and “3 bright white objects changed direction and shape formation, then merged into 1 oblong object” (in Florida).



Granted, UFOs have been active for many years in most of these areas, like one report that simply states that they have been seeing “light-shaped orbs sightings over the past 10 years.” This Website is open to the public and will both unnerve and entertain you with all of the sightings tracked in the database.

## GHOST IN THE KITCHEN

The Mirror's Abigail O'Leary brings us a story that would make many of us want to move. A man in an undisclosed location “was home alone when

he heard the shuffling of feet or ruffling of clothes from his kitchen.” He snapped a photo in that general direction and ran in terror at what he captured.

The photo seems to show “a blurry white patch with what appears to be two dark eyes” peaking at him from behind the door. While some people are determined it is a prank, others (including myself) just find it terrifying.



Photo: Reddit

## UFO OR PARTY BALLOON?

I love the most inexplicable UFO sightings, like this one explained by Nick Whigham of Yahoo News: “A leaked photo appearing to show a motionless unidentified flying object, or UFO, has sent military buffs and alien hunters into overdrive.”

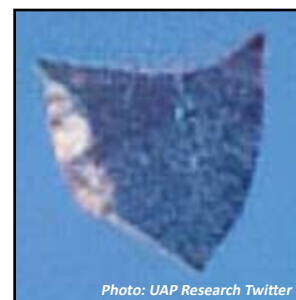



Photo: UAP Research Twitter

To add validity, “the picture was included in an intelligence report from the Unidentified Aerial Phenomena Task Force.” The photo is taken from inside the cockpit of a plane and shows a strange triangular object floating. Zoomed in, the object looks even more legitimately alien and strange to me. However, some believe it's just a party balloon. What do you think? ♦



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Rick Hale

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# ‘SHARE YOUR SCARE’

## AMAZON PRIME SERIES EXPLORES EXTREME PARANORMAL PHENOMENA

BY CHERYL KNIGHT

**W**e previously spoke with psychic medium Valentina Marie Lomborg in our January 2019 issue about her “Unexpected Psychic Journey.” She recently took that journey to a new level by hosting the Amazon Prime show *Share Your Scare*, which explores real paranormal experiences of individuals and families.

The seven-episode series begins with a family’s experience with a black ominous cloud and possible poltergeist activity and concludes with an episode documenting an incubus demon tormenting a psychic medium. The *Share Your Scare* series breaks the mold of your typical paranormal show by instead being presented as a paranormal talk show that aims to get to the heart of what is causing the activity.

Valentina recently spoke with *Paranormal Underground* magazine about the direction of the show and the types of cases examined, as well as where you can hear her new podcast series on *The Calling* radio show, called “The Universe According to V.”

\* \* \* \* \*

**Q: How was the *Share Your Scare* talk show created?**

**Valentina:** It was created by two brothers, Jake and Brian Jalbert. They came to me with a concept after seeing one of my videos and built the show around me as a host.

**Q: What should viewers expect when watching the show?**

**Valentina:** To really appreciate the show, you have to understand that the idea of the show was to create the first paranormal talk show where people would share their real



Psychic medium Valentina Marie Lomborg hosts the *Share Your Scare* paranormal talk show on Amazon Prime.

paranormal stories and then I would break them down and help them if they needed help.

**Q: How did you decide which cases to feature on the show?**

**Valentina:** The Jalbert Brothers had a casting call for cases, and the people came forth. I helped choose what felt were the best cases to air.

**Q: Which episodes highlighted the most extreme paranormal activity?**



**Valentina:** Well, they were all fairly crazy. But I would have to say episodes 4 and 7, both two different ends of the spectrum. One being sweet, and the latter being your worst nightmare.

Episode 2 about the fetus was bizarre for sure!

**Q: Did the cases you highlighted in the show shed light on why paranormal activity happens to certain people?**

**Valentina:** I believe some people are targeted either because they are open or they are being sought out or because there's a message that needs to be delivered to them or there's something that they need them to do.

**Q: During each show, you analyze each case and offer strategies for dealing with paranormal activity. What general advice do you have for people experiencing unexplained activity at home?**

**Valentina:** First off, do not panic. It's best to quickly assess whatever is there and whether it is evoking feelings of fear or feelings of calmness. From there you can determine if you want to live with the spirit or if you want the spirit moved and crossed over. Do not sage the house.

It always pisses off the entities and can quickly escalate activities.

**Q: What feedback have you received from viewers?**

**Valentina:** It varies. I think some people were expecting another "Did you hear that?" paranormal show, and that just wasn't the case. This was something new. The Jalpert brothers took a chance on this concept.

**Q: You just started a new podcast series called "The Universe According to V." What types of topics do you discuss on the podcast?**

**Valentina:** "The Universe According to V" series is featured every other month on *The Calling* podcast on Para-X Radio Network. My topics range from spiritualism to life after death to the paranormal to life guidance. You can listen to "The Universe According to V" on *The Call-*

*ing* on February 17, April 21, June 23, August 18, October 20, and December 15 in 2021.

For more information about Valentina and her work, visit [www.psychicmediumvalentina.com](http://www.psychicmediumvalentina.com), [www.facebook.com/UniverseGirlV](https://www.facebook.com/UniverseGirlV), and [www.amazon.com/Share-Your-Scare/dp/B07P5VWRRK#](https://www.amazon.com/Share-Your-Scare/dp/B07P5VWRRK#). ♦



# HALO PARANORMAL INVESTIGATIONS

## Investigating All Things Paranormal

By Cheryl Knight

After being haunted relentlessly in his childhood home, Paul Dale Roberts set out to learn everything he could about the paranormal. Fast forward to 2004 when Paul decided to start his own paranormal investigative group, Halo Paranormal Investigations (HPI International).

Headquartered in Elk Grove, California, the team investigates all types of paranormal claims, including ghosts, demons, UFOs, and cryptids.

Paul recently spoke with *Paranormal Underground* magazine about what led him to investigate paranormal phenomena, HPI's investigative techniques, and memorable cases and evidence.

\* \* \* \* \*

**Q: Please tell us a little about yourself, both personally and professionally.**

**Paul:** I'm very gung-ho when it comes to the paranormal because when I was a child, I lived in a haunted house, and the entities of that house centered their attention on me. They scared me to no end. As I got older, I started wondering if I actually witnessed the paranormal or was I having night terrors? I started reading everything I could get my hands on that dealt with the paranormal. I started reading Brad Steiger books (later in life, I would find my articles in Brad Steiger's books, and we became close friends).

I was in the military from 1973 to 1976 and worked with the U.S. Army Criminal Investigation Division — DST (Drug Suppression Team). I was an undercover MP. My code name was Porkchops, and I traveled throughout Germany singling out drug dealers. That is where I got my investigative skills from. Then in 1979 to 1986, I worked as a 97 Bravo-Intelligence Analyst with the PIC-K (Photo Interpretation Center — Seoul, Korea, military intelligence). My code name was Hollywood. Later



**HPI co-owners Paul Dale Roberts and Deanna Jaxine Stinson help fellow investigators learn the ropes during their paranormal investigations. (Photo by Harry Fischer)**

I received my H Identifier (Instructor course) and taught the Soviet Threat to elite troops in all military branches. I would wear a Soviet uniform and ski mask and pretended to be Corporal Dowbowski (a Soviet defector).

When I got out of the service, I dabbled with being a private investigator and started my own company called



Silhouette Enterprises. I also dabbled a bit as a bounty hunter. I was unsuccessful as a private investigator and bounty hunter and called it quits. I worked in several California government jobs, including working as a firefighter for the California Division of Forestry and working with the Department of Justice. I still work for the government and soon will be retiring so I can work on paranormal cases that come across my desk full time.

**Q: How did you become interested in the paranormal and founding a paranormal investigative team?**

**Paul:** It all started when I was a little boy living on Effie Street in Fresno, California. The year was 1962. We lived in an old corner house duplex on Effie Street. I experienced horrible things at this house. I will describe the paranormal horrors that occurred in order as they happened.

1. The first experience I had at this home was hearing a woman's serene voice calling for me. She said, "Dale, come here." She was saying this over and over again. All my life, my parents would call me by my middle name, Dale. This female spirit was also calling me Dale. I went towards her voice and looked out a window that allows me to see an orange grove. The voice was coming from the orange grove. I could not see the woman and got scared and ran to my mother.

2. I was riding my tricycle down the street. I stayed on the sidewalk and went about six houses up the road. I stopped at one house and looked at the front door. A man stepped out on the porch, looked at me, and drew a shotgun on me. I got scared and went home as quickly as possible. I told my dad, and he went up to the house to discover that no one lived there.

3. One night I heard the sound of something rolling on the sidewalk; this sound was at a distance, but it kept getting closer and closer. Finally, the sound was right at my bedroom window and it stopped. My bedroom window opened up half way on its own. I looked toward the window and saw a black tea kettle with four rollers on the bottom of it. The black tea kettle had a snout, and the snout slowly turned toward me and a spray came out. I was covered in the spray and started hacking and coughing. The very next day I had a bad case of bronchitis.

4. Another night, winged skeleton heads flew into my room; there were about a dozen of them. I started screaming, and my father came into the room and he also had a skeleton head. Finally, he calmed me down, and the winged skeleton heads disappeared and my father's face became normal.

5. I was so scared of all the things that were happening to me, I started carrying a *Bible* with me all the time. I went to the neighbor's dog, which was friendly with everyone, and started petting him. All of a sudden, the



**HPI welcomes guest investigators at many of their paranormal investigations.**

dog's features changed and he became a vicious dog and severely bit me in the hand. I was bleeding all over the place. I ran from the neighbor's house through the orange grove to get to my house. While running through the orange grove, I could hear the sound of a woman maniacally laughing.

6. On another night, the winged skeleton heads came back in my room, and I yelled and started hacking and coughing. My mother came in half asleep and gave me a teaspoon of poison. She thought she was giving me cough syrup and had me throw it up. It scared her to death, because she thought she had poisoned me.

7. The final incident was when I was walking in the living room and something came up behind me and pushed me into the heater ... hard. I had burn marks all over my legs from this incident.

After this, my dad received a promotion, and before I knew it, we were moving out of the home on Effie Street and moving into a home on Simpson Avenue in Fresno. The incidents stopped. As I got older, I wondered if I experienced childhood night terrors or actually experienced the paranormal.

I started reading everything on the paranormal and read many Brad Steiger books. Little did I know that the knowledge I would gain from Brad Steiger's books would eventually help me become a successful paranormal investigator. This all led me to having my own paranormal investigative team.

**Q: Talk about your paranormal group and its mission.**

**Paul:** My wife, Deanna Jaxine Stinson, and I are the co-owners of HPI. HPI is an open door, and anyone who wants to learn how to ghost hunt and conduct cleansings of homes

can join us and learn. Deanna teaches the volunteers how to conduct metaphysical cleansings. I teach the volunteers how to conduct a Roman Catholic house blessing.

We also embrace other religions, and when the client wants a Native American cleansing, Greek Orthodox, Hindu, Buddha, we have experts in these religions that will assist us on a moment's notice. When clients have a demonic attachment, we provide a full submersion baptism to get rid of the demon, and we are very successful with our baptisms and cleansings.

### Q: Who else is on your team?

**Paul:** Deanna and I are the core group. We allow many people to learn and try their hand in ghost hunting. Many people that went on paranormal investigations with us learn the trade and start their own group.

We do have certain individuals who volunteer to go with us on our investigations many times over, and they do a great job investigating. They are good in gathering evidence or debunking paranormal claims. They are Alaceo "Big Al" Rosatano, Nick Asevedo, Heather Colburn, Matt and Michelle Mesa, Mike Ouillon, and Laurie R. Garza. Many people that we come across will give their right arm to go on a ghost hunt. Well, HPI does one better, we actually invite people to go on our investigations with us, and if they make the grade, we allow them to go on more ghost hunts with us.

### Q: What interests you most about the paranormal?

**Paul:** I am fascinated with the unknown. I seek answers. I want answers to what happened to me when I was a child living on Effie Street in Fresno.

### Q: What different types of locations has your team investigated?

**Paul:** I have a big list. Some of these places I had investigators with me, and other places I investigated by myself:

- Area 51 — Nevada
- Superstition Mountains — Arizona
- Mount Shasta — California
- Skinwalker Ranch — Utah
- Tower of London — England
- Jack the Ripper and Kray Twins crime scenes —

East London

- O.K. Corral — Tombstone, Arizona
- Old Tucson Movie Studio — Arizona
- Stonehenge — England
- The bridge over the River Kwai — Thailand
- Parkin murder house — Lodi, California
- Cabin 28 murders — Keddie, California
- Manson hideout house — Stockton, California
- Cecil Hotel — Los Angeles, California
- Various gravesites, including Billy the Kid, the Black Dahlia, and victims of Rev. Jim Jones



Paul has investigated paranormal locations and legends around the world.

- Napoleon Bonaparte's gravesite — France
- Ghost City of Myanmar, Naypyidaw — Burma
- Richard Trenton Chase (aka the Vampire of Sacramento) victims' homes — California
- Dorothea Puente's home (Serial Killer) — Sacramento, California
- The Headless Knights Templar — Prague, Czech Republic

### Q: What equipment do you usually take with you on an investigation?

**Paul:** We use digital recorders for EVPs, sound enhancer for EVPs, Kinect, EMF reader, temperature gauges, laser grid, night vision goggles, dowsing rods, video cameras, and digital cameras. And we have our psychic medium Deanna!

### Q: What methodologies do you use during investigations?

**Paul:** Everyone knows that orbs can be either dust, skin flakes, lint, light refractions, dew drops, etc. But what we try to prove with some orbs is if they have intelligent movement. For example, at this one house, a spirit named Emily was known to drain the energy from the occupants. One of my investigators was complaining that his energy was drained. I asked Emily that if she was listening, to go ahead and kiss the investigator on the lips. With three cameras, we captured an orb on his mouth. Then I asked Emily to sit on his lap, and we captured an orb hovering over his lap. So, we deemed this orb paranormal because it obeyed my commands and showed intelligent movement.

I will at times place my hand on the wall and ask the entity to appear by my hand. A photo taken may show an

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orb on my hand — again that is intelligent movement. Then we have designer orbs that have intricate designs inside them, and when you enhance the photo of the orb, there may be a face in it. On one investigation, I asked the occupant what she had in her backyard, and she said, “Orange trees.” I said, “What else?” She said her two dogs were buried back there. I showed the occupant the designer orbs, and she started crying. I asked her why she was crying, and she said those were her dog’s faces in the orbs. Something like that I can deem as paranormal.

We also do “quick and dirty” EVPs. I will say something simple into the digital recorder like “Is there anyone here?” I will pause, allowing the entity to talk, and then play it back. We usually will pick up an EVP pretty quick if the home is haunted, and we show our evidence right on the spot to the occupants.

Deanna will pick up on an entity psychically, and when she does, it’s up to the investigators to prove that something is there by either getting an EVP or some kind of photographic evidence. Deanna is really good at picking up on entities.

### **Q: What is the most important part of a paranormal investigation?**

**Paul:** If the home has negative energy, the most important part of the investigation is the cleansing. If the occupant has an attachment, then full-submersion baptism.

### **Q: What case will you remember the most and why?**

**Paul:** Probably a case in Citrus Heights, California, where I heard with my own ears a little girl giggling. And when I placed my head toward the area where I could hear the girl giggling, I said, “hello,” and with my own ears, I heard the little girl say, “Hello.” My mind was blown. Also, I have been on over a thousand investigations and have seen with my own eyes four full-body apparitions.

### **Q: What is the most compelling evidence of the paranormal that you or your team has captured?**

**Paul:** I took a picture of a ghostly cowboy with a cowboy hat on, and he was riding a ghostly horse. The photo was shown on the Biography Channel’s *My Ghost Story*.

### **Q: Talk about common misconceptions about the paranormal field that you’ve encountered?**

**Paul:** Some people think that all ghosts are demons. We have come across many ghosts that were very peaceful and have assisted the family that they were actually haunting — usually they are ghostly family members. If they were demons, they would not be so peaceful and loving.



**HPI has worked with Zak Bagans (pictured, left) and the *Ghost Adventures* team on several episodes. Deanna is pictured at right.**

### **Q: Whose work in the paranormal field do you respect the most and why?**

**Paul:** I have a long list: J. Allen Hynek, Brad Steiger, Nick Pope, Timothy Green Beckley, Tim Swartz, Nick Redfern, Josh Gates, Zak Bagans, and Erich von Däniken.

### **Q: What locations do you have on your wish list to investigate?**

**Paul:** I still need to do a UFO investigation at Roswell and Dulce, New Mexico. I would also love to investigate for UFO bases at Antarctica and investigate the mysterious deaths of the hikers at Dyatlov Pass in Russia.

### **Q: What words of wisdom would you offer beginner paranormal investigators?**

**Paul:** In the beginning, take easy steps into the unknown and gain the experience. Then when you are a seasoned investigator, go after the larger steps.

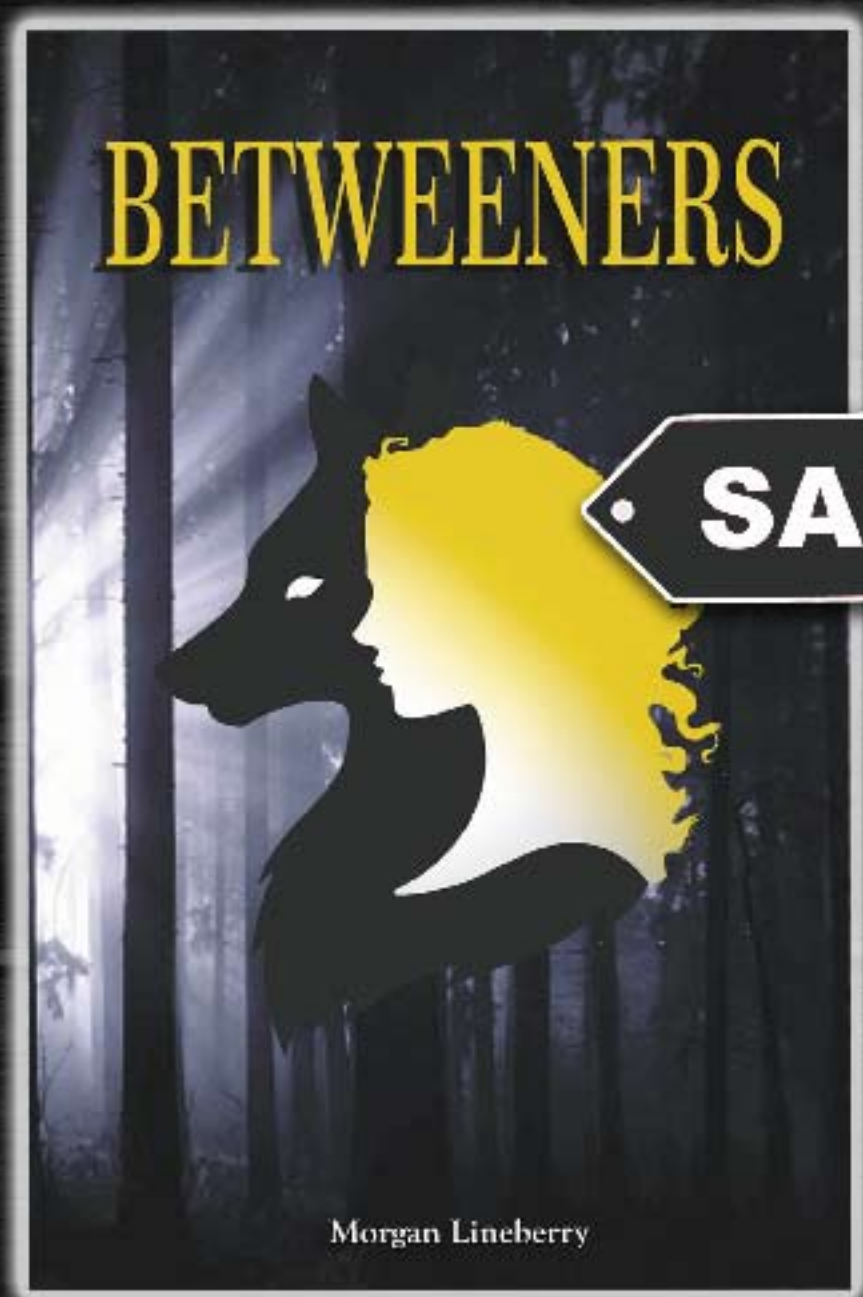
### **Q: What else should our readers know about you and your team?**

**Paul:** We have conducted international investigations in places like Belize, Morocco, and other places, but we mostly cover Northern California. We have worked on many television documentaries, and you can see some of the documentaries we worked on by simply Googling “Paul Dale Roberts IMDB.”

\* \* \* \* \*

To find out more about Paul and HPI, visit [cryptic916.com](http://cryptic916.com), [facebook.com/HaloParanormalInvestigations](https://facebook.com/HaloParanormalInvestigations), [www.facebook.com/groups/HPIinternational](https://www.facebook.com/groups/HPIinternational), and [www.facebook.com/groups/1065482570190723](https://www.facebook.com/groups/1065482570190723). ♦

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# BINDING THE EGREGORE

## LOOKING BACK OVER FOUR YEARS OF MAGIC RESISTANCE AND LOOKING FORWARD TO A FUTURE OF MAGICAL CHANGE

By Ian White

When Donald Trump won the 2016 U.S. presidential election, world religions professor Kerri Kor was bitterly disappointed but not as surprised as most. Kerri desperately wanted Hillary Clinton to become America's first female President. She even had the pillow that said, "A Woman Belongs in the White House."

But Kerri had privately suspected Trump's victory was coming since the U.K. voted to leave the European Union a few months before. While watching the Brexit referendum on late-night TV at her home in Northern California, Kerri realized, "I knew we were not going to get her. I knew that Trump was going to win. You could see this whole populist rise happening everywhere, this white supremacist fear of the foreigner brewing strongly throughout the world. From the night the Brexit vote happened, I knew I was going to need to get up and fight."

On the opposite side of the country, author and magical thinker Michael M. Hughes also suspected Hillary Clinton's defeat was on the horizon. He had long felt "a creeping unease that Donald Trump's use of nationalism, xenophobia, racism, and misogyny during his campaign would lead him to victory."<sup>1</sup> When the election results came in and Michael was proven right, he knew there was something he had to do, if only to give the people who were feeling the same way an outlet to express their distress at Hillary's loss. But he also knew that whatever it was had to be unusual enough to "match the surreality of what was happening."

What Michael eventually came up with sparked a social and cultural phenomenon that is still going strong today. "A Spell to Bind Donald Trump and All Who Abet Him" went viral almost as soon as it was published on the Website Medium. It was even picked up by the singer Lana Del Rey, who posted a link to Michael's spell from her Twitter account alongside a photograph of herself looking appropriately witchy.

"That created a major torrent of publicity and opened it up to people who might not otherwise have seen it on the news," Michael said the first time I interviewed him for *Paranormal Underground's* May 2018 issue about the "Bind Trump" magical movement.

However, it wasn't until he went into a store to buy wine for the first ritual that Michael realized how "Twilight Zone" his life had suddenly become. "When the woman ringing up the register asked if I wanted my receipt, I said, 'Yeah, I need my receipt. I'm hexing Donald Trump tonight!' Without missing a beat, she replied, 'Me and my friends are doing that later. Do you have the unflattering photo?'"

Meanwhile, in Quebec, a graphic designer named Karina Ruiz Diaz felt a similar need to vent how concerned she was about Trump's win. When she read Michael's binding spell online, she saw it as the perfect opportunity to take action. Karina thought the spell "was so delicious and a much better alternative than feeling sad, enraged, and powerless," and just as Michael had used his talent as a writer to create the binding spell, Karina used



**Karina Ruiz Diaz is the creator of the posters displayed throughout this article. The poster above is the original poster Karina made at the beginning of the Bind Trump movement. Titled "Witches We Need You," Karina was inspired by artist Nathaniel Russell.**



her talent as an artist to add her own unique magic to the cause. Using a turn-of-the-century public domain image as her inspiration and reworking the “Uncle Sam Wants You” call-to-arms into a magical “Witches! We Need You!” battle cry, Karina drew an eye-catching poster announcing the binding and posted it on Twitter with a link to the spell. She also sent the poster to Michael.

“After that I let it go,” Karina remembers. “But then suddenly I started seeing my poster in other places on the Internet, and I started thinking, what’s going on?”

It wasn’t long before Karina found out she had conjured up the worst in some people by adding her support to Trump’s binding. “Even though I wasn’t much on Twitter, I received messages from people telling me not very nice things, like ‘You’re going to burn, you witch.’ It was very violent and very frightening. But then I also received other messages that were very positive, like ‘Yay! Rock on!’”

Michael was experiencing a backlash too, and some of it was coming from directions he’d never expected. It wasn’t just Trump’s supporters who were unhappy with his spell. Pagans, witches, chaos magicians, and other magical people had their athames bent out of shape too. They complained that his spell made something public that should remain secret and ran afoul of the “three-fold law.” The three-fold law is a Wiccan construct that states whatever energy is put out into the world by a person will be returned to them three times over. In other words, binding Trump could rebound on the binder in very nasty ways. They warned Michael that he was wading into some dangerous occult waters.

Michael’s response was pragmatic. “I tried to explain that a binding spell, as I view it, isn’t a hex or a curse where you wish ill-will on someone. All you’re doing is trying to restrain them from doing harmful things. Historically, magic has always been used for all sorts of purposes. If I could slap a lawsuit on Donald Trump, or write the White House a letter, or get enough people together to compel him to stop doing something, why shouldn’t I use a spell to accomplish the same thing? If you’re using the best of your abilities to defend the people and things

you care about or prevent something that you perceive as harmful, I don’t see anything malign in that.

“The way I see the Trump binding spell is that we’re attempting to stop him from doing damage. He’s already doing damage. Let’s try to minimize it; let’s try to prevent the more egregious harmful things from taking place. As for the people in the magical community who said, ‘It’ll

never work. It’s not the right kind of magic. You’re supposed to do magic in secret,’ who wrote that rule book? It’s OK if that’s your personal or traditional belief, but I don’t share those beliefs. And if you want to say this spell is not successful or it’s not going to work, *just look at the number of people doing it every month. Look how it’s growing; look how it’s spread. That is magic.*”

There’s also something else that’s regularly overlooked by Bind Trump’s critics, and those who say that politics isn’t the proper arena for witchcraft and magic. Not only is political activism in witchcraft centuries-old, but Donald Trump’s election campaign and the first few weeks of his presidency had already covertly delineated a spiritual battleground.

Meme magic, mainly centered around the misappropriated image of a cartoon frog called Pepe, had dogged Hillary Clinton’s presidential campaign. Steve Bannon, who was appointed chief executive of Donald Trump’s presidential campaign 88

days before the 2016 election, is a disciple of the Italian occultist Julius Evola from the esoteric philosophy school known as Traditionalism. Less than a month before the election, a Twitter account posting anti-Semitic and white supremacist material accused Hillary Clinton and some other Democratic Party members of being involved in a pedophilia ring linked to Satanic ritual abuse. That quickly became known as Pizzagate and eventually morphed into the occult-infused conspiracy sewer called QAnon.

But there’s more.

Shortly after Trump won the election, the National Policy Institute’s leader greeted the annual NPI meeting with “Hail Trump, hail our people, hail our victory!” and then later declared Trump’s victory as “a victory of the will. We willed Donald Trump into office; we made this dream our reality.”<sup>2</sup>



**Karina’s poster above was used to promote the final binding ritual. “I wanted to come full circle and close the ritual. That is why I refer to the Tower Card that we have been using since the ritual first began. In my own version of the card, it’s the Trump tower of power that is crumbling,” Karina explained.**



**Michael M. Hughes created the Bind Trump and Magic Resistance movement, a cultural and social phenomenon that has inspired witches and magical people worldwide to combine their spiritual energies for positive global change.**

Evangelical leaders also hailed Trump's victory as a sign from God. They publicly laid hands on him to give him guidance, supernatural wisdom, and protect him from malefic witchcraft in an event described by the protestant minister and political activist Reverend William Barber II as "theological malpractice bordering on heresy."

Even Trump-centric slogans like "Lock Her Up," "Build the Wall," and, most recently and egregiously, "Stop the Steal" could be considered weaponized New Thought in the way they were designed to galvanize his supporters.

And all that is just the tip of a very dark iceberg.

Author Gary Lachman, who has written many books on consciousness, culture, and Western esoteric tradition, including *Dark Star Rising: Magick and Power in the Age of Trump*, knew from the outset that Trump's rise was a "singularity." His book *Dark Star Rising* also pitched the possibility that Trump could even be an egregore or "telly" tulpa brought into existence by his supporters' fanaticism. Michael M. Hughes and I had discussed that very same possibility during our first interview. Given the often-monstrous mayhem that's unfolded since Trump took office and climaxed in the recent deadly attack on the U.S. Capitol Building, I don't believe that thinking of Trump as an "American Egregore" is beyond the realms of reason. I think it's a concept that deserves more in-depth examination.

When I asked Gary about that a few days after the Capitol riot, he agreed: "When I said in *Dark Star* that Trump could be a tulpa or an egregore, I don't want to say I told you so! Personally, I think Trump's more of an egregore, because that's a thoughtform created by a group which then generates its own independent energy and goes beyond. It doesn't have to be focused on him; he could just have been the carrier at this time. Like Trumpism — although what is Trumpism, what are the tenets of Trumpism? — it could be that it's now passed into a larger body of people.

"I think Trump's an egregore in the sense that he was able to, how shall we say it, 'sell back' to lots of people what they already felt and believed. And I actually feel sorry for those people, not the far-right nutters and all those guys, the white supremacists — you can get rid of them on the first spaceship — but the people who genuinely thought he was going to help them in some way. The blue-collar people who had some naïve sense that he was looking out for them and bringing back a kind of old-style America.

"Let's face it. If Trump were a tulpa, it would be easier to get rid of him."

As a side note, it wasn't until after I talked to him that I found out Gary, who I knew was a founder member of one of my favorite rock bands, Blondie, also wrote one of my favorite songs, "Presence, Dear." Anyone familiar with that song's lyrics knows it's about the uncanny psychic intuition that can connect two people together. So it's not surprising that Gary's instinct about the Trump egregore was bang on point.

But Gary wasn't the only person who saw the Trump victory as a singularity.

All around the world, millions of other people were feeling the Trump singularity too. What his election triumph signified was chilling, and not just for the citizens of the U.S. In the eyes of many, Trump was the living embodiment of the fascist, misogynist, white supremacist storm cloud that had been rolling cancerously across the globe for at least the last couple of decades. Now it was inside the White House getting a "Diet Coke Button" installed in the Oval Office.

But, if Trump is an egregore, how do you stop him?

For a long time, I've been following the work of esoteric researcher, screenwriter, and author Scarlett Amaris. Scarlett teaches comparative mythology and witchcraft in Los Angeles and plays well with fabulous beasts and monsters. She also co-wrote the *Saurimonde* series of fantasy novels and the films *Color Out of Space* and *Mother of Toads*, which are both favorites of mine.

Another film that Scarlett was heavily involved with is an award-winning documentary called *The Otherworld*

(*L'Autre Monde*). Scarlett co-wrote *The Otherworld* with filmmaker Richard Stanley, who also happens to be one of my heroes.

To summarize *The Otherworld* as briefly as possible: It's about a mysterious zone near the French Pyrenees where magic, reality, legend, and multiple dimensions regularly coalesce. At its heart is an ancient, ruined fortress called the Chateau de Montsegur that was originally "the seat and head" of the Cathar Church. Montsegur was among the very last of the 'Cathar' castles to fall to the crusaders, and in the spring of 1244, 225 Cathar men, women, and children (considered heretics by Pope Innocent III) were burned at the stake.

I originally wanted to talk to Scarlett because, in my mind, the siege of Montsegur seemed to be a perfect example of one of the earliest forms of political activism involving witchcraft. At the time of the siege, the castle's final chatelaine was Esclarmonde d'Alion, niece to the Cathars' last high priestess, Esclarmonde de Foix. Although Esclarmonde de Foix was a pacifist, Esclarmonde d'Alion was a soldier who was also rumored to be a sorceress. However, it was Esclarmonde de Foix who walked through a wall one night when Richard and Scarlett visited the castle, which is only a small but integral part of what *The Otherworld* documentary is all about.

Scarlett's perspective on the Bind Trump ritual was sobering, and I was still mulling it over several days after we talked.

"Psychologically, I don't think the Binding Trump ritual was a mistake because of the need to feel like you're contributing, the need to feel like you're fortifying something and protecting yourself and your community in any way you can," Scarlett told me. "But, in my opinion, even taking the time to give this thing your energy to bind it is exactly what it wants. The worst thing you can say to a narcissist is you don't matter; you're not worth my binding, you are small and insignificant, and you don't deserve my time and energy."

Kerri Kor, however, doesn't disagree with the egregore concept and the notion that binding it might also be feeding it, but she's got a slightly more sanguine view. "If an egregore feeds on energy, it can feed on good energy

as much as it can feed on bad energy. If we provide it with enough good energy, then surely that goodness will be reflected outwards.

"But ignoring it would also be feeding it in another way. It's like the Buddhist concept of grasping and aversion: You can grasp something and take it in, or you can push it away. Either way, you're still feeding it.

"For me, there's no way I couldn't get involved with

Binding Trump. We've had too many instances in history when we've seen things happen and said to ourselves, 'How could that ever have gotten to that point?' Whether we did this or not, it's going to grow; other people are feeding it. That's even more reason why I couldn't possibly have been a person who sat back and said, 'I'm going to let this happen.' I couldn't possibly do it."

That's why Kerri immediately responded to the Bind Trump Facebook group's request for volunteer admins and moderators. As a once-practicing witch who is now a practicing Catholic, Kerri wasn't sure if the group would consider her a good fit.

"I wrote a little introduction letter and said maybe you won't be interested in me because I've got this background, I'm a Christian, and may-

be that's not of interest, but here's why I would like to be involved. Michael was great; he replied, "A lot of people study world religions, that's awesome! Come on in!" So I've pretty much been a part of the group from day one."

Despite the hostility she'd received after creating her Bind Trump poster, Karina Ruiz Diaz also felt the need to get more involved. She'd had a casual interest in witchcraft while growing up and remembers thinking of herself as magical when she was a little girl. But, as she grew older, Karina had suppressed it. However, she had always been aware of a "hypervigilance" and sensitivity she felt whenever she visited museums and places of historical significance.

"I'd touch the walls and feel like I was connecting with the people from the past, people who had gone through the events in that place, but it never occurred that what I felt was witchcraft. It's part of who I am. I guess I am a witch not only because I'm able to feel these things, but I'm also a graphic designer. In graphic design, we develop branding and logos, which aren't unlike sigils. We



**Pictured above is Michael M. Hughes' Bind Trump altar.**





Karina's poster encompasses the spirit of Halloween and Samhain. "The veil is thin, and the spirit of the ancestors are among us more than ever. The veil is thinning; we can see things more clearly. Because of all these reasons, I pictured the poster as an invitation to a celebration," Karina said.

develop ways to entice people to buy products or services, ways that create a visual spell. The more I learned about magic, the more I realized I was already doing magic but in another way."

Karina continued to produce a new Bind Trump poster every month, and some of her wonderful artwork illustrates this article.

Michael M. Hughes hasn't kept count of all the mass bindings that have taken place on every waning crescent moon between February 24, 2017 and January 12 2021, the final binding of Trump's presidency. On my calculation, it is 46. But, quite early on, Bind Trump evolved into something that Michael told me was culturally already waiting to happen. It's called the Magic Resistance, or #MagicResistance if you want to give social mediaphobes like me a headache.

"So many people have told me the term Magic Resistance catalyzed the way they were feeling," he says. "The Binding spell just allowed it to have a name and come out in the public consciousness."

As for Donald Trump, his egore continued to grow. The Christians continued praising him, and the evangelicals continued flocking to him. His sycophants and allies in the Republican Party continued to defend him, and the voters who elected him to office have continued to hang on his every bombastic "That probably won't hold up when you fact check it" word.

In 2019, Florida televangelist Paula White — Trump's spiritual adviser — became a key figure in the Trump administration when she was chosen to head the White House's Faith and Opportunity Initiative. In other news, an alt-right troll culture continued to wage memetic warfare on Trump's opposition. David Griffin and Leslie Quade, the Nevada-based leaders of the Hermetic Order of the Golden Dawn, declared a "magic war" against the witches who were binding him. They even offered 'Black Magick Self-Defense' workshops to people who felt threatened by the Magic Resistance's targeting of all those who abet their inglorious leader. That alone speaks volumes about the impact Bind Trump has had on the alt-right's dubiously mystic mojo.

With Trump's presidency in the rear-view mirror, his legacy is a shell-holed path strewn with hatred, disinformation, and violence. He began his single term promising to end American carnage, raise up the forgotten, and Make America Great Again. He finished it by leaving immeasurable carnage and at least 400,000 U.S. COVID deaths in his wake. The forgotten who still follow him will remain activated, but the aftermath of the riot at the U.S. Capitol has proven Trump won't even glance back at them over his shoulder. The only people he has remembered are those he has pardoned, including a raft of cronies who were jailed for committing horrendous acts in his name. His former aide Steve Bannon — who recently suggested the heads of the U.S. FBI director and Dr. Anthony Fauci should be put on pikes — is among them. No doubt they have more nefarious chaos magick planned for the future.

As for what the practitioners and supporters of Bind Trump have accomplished over the past four years, there have been a few peaks and troughs, but support for the Magic Resistance is still strong. Kerri Kor tells me there are currently more than six-and-a-half thousand members in the group, and there are always at least 100 people waiting to join no matter how fast she and the other moderators clear out the pending tray.

Which brings us to now.

When Joe Biden won the 2020 Presidential election, there were many ways to celebrate. I couldn't think of a better way to commemorate the moment than talk to Michael M. Hughes again and use the opportunity to look back at what Bind Trump and the Magic Resistance

# Q&A: MICHAEL M. HUGHES

By IAN WHITE

**M**ichael M. Hughes is the founder of Bind Trump and the Magic Resistance, a cultural and social phenomenon that has inspired witches and magical people worldwide to combine their spiritual energies for positive global change. He is an author, speaker, magical thinker, and activist whose works include *Magic for the Resistance: Rituals and Spells for Change*, the *Blackwater Lights* trilogy, and numerous essays, articles, and short stories.

**Q: The final Bind Trump ritual is happening tonight. How are you feeling about it?**

Michael: To be honest, I'm feeling quite disturbed. I think everybody's so distraught about the riot at the Capitol that it's pushing people over the edge emotionally and become chaotic and unpleasant. I had felt very celebratory post-election and very celebratory after our Blue Wave ritual for Georgia engaged so many people, but there have been times since the insurrection a few days ago when I've frankly felt terrified.

It just goes to show that we were right. I've lost count of how many times I've had to fight off the label of being "too extreme" or people saying, "It's just Trump being Trump," but those of us who have been paying attention saw this coming in 2016. I have to believe that people are finally waking up now and fully understanding that man's depravity and the cultish fealty he's created within people. But I don't know what it would take to break his cult followers and cult members in government out of the fever they're in.

I always expected terrible and unbelievably odious with Trump, but in my darkest moments I didn't expect it to go as far as it did. If there had not been some defense left among those Capitol police, I have no doubt we would have been watching televised executions.

**Q: Trump has created his own reality, and his followers have fallen for it.**

Michael: That's so true. Authoritarians win by completely breaking down trust in the consensus reality. They say the media's fake; all their opponents are liars; you can't trust anyone but your leader. They know it's shit, just like the Republicans who said, "We only want to investigate the election, why are you standing up against millions of voters who only want us to look into the election?" knew they were lying. But that doesn't matter because it's raw power they're grasping for, and they've made an agreement with themselves to do whatever it takes to stay part of Trump's cult of power.

**Q: Some people have criticized the Bind Trump ritual because they believe Trump is literally an egregore, feeding on energy regardless of whether it's good or**



**bad, and that any attention — including holding a ritual to stop him — is inadvertently making him stronger.**

Michael: I've heard a lot of people say what we're doing is counterproductive. I don't believe it. The whole idea of the ritual was it needed to be public. It's essential that Trump and all those who abet him know that people are working magically against them, and that wouldn't have been accomplished if the ritual had just circulated among small groups of pagans. Also, I didn't write the spell just for witches. I created it so that anyone who was feeling the oppressive weight of this man could engage in a life-affirming ritual calling upon whatever they believe in to purge the egregore you just mentioned. If it wasn't public and ecumenical, if it hadn't gone viral, it would never have gotten people all over the world participating every month, openly affirming their opposition to what he has done.

I've always believed that you have to be public about your opposition to this kind of unabashed evil, so I disagree we're fueling him by giving him attention. He's never tweeted about it, even though we know how much he loves social media, but I do think we've colonized his brain in some way because of his insistence, since he first came into Office, of using that term "witch hunt." Even today he called what's happening to him a witch hunt, and the irony of a guilty person calling something a witch hunt is immense! So I feel like somehow we have gotten into his mind.

I also believe that one of the whole goals of this endeavor wasn't just to get rid of Donald Trump and get him out of office. It was also to support ourselves as we deal with this horrific onslaught against all the things that decent, kind, compassionate people believe in.

*Continued on page 27*





**"It's the witches who are carrying the torch for the things that I consider Christian principles. It's truly fascinating."**

**—Michael M. Hughes**

**(Photo by @Ghost\_Lisa via Twitter)**

have achieved. There are still many millions of people out there who have either never heard of Bind Trump or, if they have, think all this talk of witchcraft is bizarre Harry Potter nonsense. Still, Bind Trump has undeniably drawn vast numbers of worried, angry, disenfranchised people together and given them hope and a positive end goal to focus on.

As Michael told me, "It's very easy to get burned down and feel like what you're doing isn't making any difference. But, when you dedicate yourself through some sort of ritual to the higher principles that drive you to care about justice and be an activist or compassionate person, you're much more likely to get up in the morning and say, 'This is what I do because this is who I am. These are my ideas, and I'm going to fight for them.'"

Without doubt, Bind Trump and the Magic Resistance have created and nurtured a global community. They're a natural evolution to a form of magical activism that has been with us for centuries.

Earlier in this article, I mentioned Esclarmonde d'Alion, the soldier/sorceress of Montsegur. As Michael documents in his book *Magic for the Resistance*, there are numerous other occasions throughout history when witches have taken political action. Among them are the witches who roasted a wax effigy of the Scottish King Duffus in 968 and the sea witches Sir Francis Drake hired to turn back the Spanish Armada. More recently, there is the Cone of Power that Gerald Gardner and the New Forest witches summoned during World War II to prevent Hitler's invasion of Britain and the Cone of Power ritual performed by Californian witches to end the Vietnam War. In 1982, Britain's "King of the Witches" Alex Sanders reputedly performed a Cone of Power ceremony to end the Falklands War.

Curiously, the Falklands War may have helped then-

British Prime Minister Margaret Thatcher create an eggregore of her own. After spending her first three years in Downing Street being roundly despised by the vast majority of the British public, Thatcher's decision to go to war after Argentine forces invaded the Falkland Islands stirred up national fervor, skyrocketed her approval ratings, and undoubtedly paved the way for her re-election a year later. It all goes to show that there's nothing like a good conflict to keep an eggregore happy.

When I originally pitched this article just before Christmas, I thought it would be a bright and breezy piece celebrating a worldwide social and cultural phenomenon that has drawn thousands of people together in the face of despotism and megalomaniacal insanity. Then, on January 6, 2021, everything changed when Trump's "We're going to have to fight much harder speech" incited a violent invasion of the U.S. Senate that killed five people and briefly put American democracy in peril. And, while it was happening, Trump slunk back to the White House like a silent movie villain who's just tied Lady Liberty to the railroad tracks and gleefully watched it all on television.

As the rioters pillaged the Capitol, waving symbols of white supremacy and antisemitism that included a conspicuous flag from the imaginary land of Kekistan (Kek is the frog-headed God of chaos who was embodied by Pepe in the alt-right's mimetic magic) it was as if the eggregore of Trump had gathered for one last no-holds-barred assault like a monster rising out of the water at the end of a horror movie.

"I was feeling very celebratory post-election, and also very celebratory after our Blue Wave ritual for Georgia engaged so many people, but then the insurrection happened," Michael told me a few days later. "Watching our democratically elected representatives, women as well as men, cowering behind seats while guys with zip ties roamed around ... it's very scary. I kind of want to kick myself for not expecting the absolute worst, because with Trump I always expected terrible, awful, and unbelievably odious, but in my darkest moments, I really didn't expect it to go as far as it did. I didn't expect him to whip up the insurrection. If there had not been some defense left among the Capitol police, I have no doubt we would have been watching televised executions. That was their goal."

Karina Ruiz Diaz echoes Michael's sentiments: "I was shocked. In a way, I expected something like that because Trump was telling his followers the election was a fraud and 'We have to take it back,' and I had no doubt they believed what he said. But it was starting to get violent, and then for them just to storm in like that, all I could



Another critique I frequently get is that it is “slacktivism.” It’s not slacktivism. It’s a component of a tool kit of resistance. If someone said, “I’m just going to do magic to get rid of Donald Trump” I would tell them you can’t just do magic, you have to write letters and make calls, you need to be out in the streets. Magic is a tool, but it is not THE tool. We’re doing a lot more than “lighting candles, burning pictures, and saying a spell.” When we burn that picture of Trump and dedicate ourselves to democracy and justice, we’re fueling the energy to keep doing all our other day-to-day activist activities.

As an activist, or even just a concerned person, it’s very easy to become unmoored if there isn’t a spiritual component to what you’re doing. But when you dedicate yourself through some sort of ritual to the higher principles that drive you to care about justice and be an activist or compassionate person, you’re much more likely to get up in the morning and say, “This is what I do because this is who I am. These are my ideals, and I fight for them.”

There’s some real energy here. Real people are finding value and meaning in the ritual, and that’s what keeps me going, knowing that this is helping people deal with the chaos and terror in their lives. The spell was already out there; I was just lucky enough to give it a voice and be there at the right place and time.

#### **Q: What’s next for the Magic Resistance?**

Michael: I think we’ve built something so meaningful to so many people that I can’t imagine it going away just because Donald Trump goes away. As we’ve grown as a group and as a movement, we’ve done rituals for immigrants, we’ve done rituals not just for political aims but for social causes too, and I don’t think Donald Trump going away is going to get rid of the issues he’s made come to the surface. All that racism and xenophobia was already there. Trump is the living face of all the things people were never allowed to say in polite society, and now they’re saying it they’re not going to go anywhere.

Personally, my current focus is on conspiracy-mongering. Dark conspiracy faking has infected alternative spiritual groups, including some of the communities I used to be in, like people interested in UFOs or the paranormal. Even areas like alternative health have become infected with these dark cryptofascist conspiracies. I know people who, one year ago, were talking about love and light and healing and herbs and reiki. Now they’re all up in arms about George Soros and 5G and Bill Gates putting microchips in vaccines.

I’ve always found conspiracy culture fascinating, but now it is weaponized alt-right cryptofascist propaganda, and it’s in the spiritual community like I’ve never seen. So I think one focus of what we should do is getting people to say no to that stuff, deprogramming a lot of the people who’ve been duped into thinking they see through the illusion.

The current COVID denial is probably the spearpoint of it all; this insistence by certain conspiracy mongers that COVID

isn’t real, so they’re encouraging people to go out to speakeasies and completely flaunt public health guidance. So many people have bought into this anti-scientific, malign narrative that it’s twisting them around and doing everybody harm. It sounds funny that a group all about magic and witchcraft is trying to get people to accept science and reason, but we’ve been very clear from the beginning that we are not anti-science. I think that also has to be a big focus of what do next.

Having said that, ever since the insurrection took place, I’ve been thinking we might be in resistance mode for a while longer. But even if we continued doing the binding, it’s not going to be our only focus. I see us doing rituals that commit ourselves to environmental causes, racial justice, and maybe (even though we’re a group that exists because of social media) we might even challenge some of what social media is doing.

People look back at the anti-Vietnam War Movement and the Civil Rights Movement and say that was the heyday of liberal activism in the United States, and it was fueled by people with spiritual ideals. I think a lot of people are being driven by spiritual ideals and principles again, and what we can bring to the table is the ability to take that engagement to an even deeper level, no matter what spirituality is within you.

That’s what I think our group can be; a force for positive change as we emerge from this absolute conjunction of fuckery that’s swept the U.S. and the world.

#### **Q: Do you think that’s another reason why Bind Trump and the Magic Resistance have remained so global? Because Bind Trump has made people realize they’ve got to address the injustices in their own world?**

Michael: Absolutely. What’s happening in the United States with Trump is happening all across Europe and in places like Central and South America, spreading like a virus. Maybe it’s the tenor of the time, because we really are a global village and ideas spread, and weaponized propaganda spreads, but this is a global ideological crisis alongside the physical public health crisis of COVID. And the two together are causing absolute chaos and despair.

I don’t know what it’s going to take to fix it, but I do want to be part of the solution, and I think what we’ve built over this past four years ideally positions us to make some magical change. We’ve done the resistance. Now, I would really like to get to a point where we can be pushing the progressive.

The final binding before the election was 46, and with Joe Biden being the 46th president I thought that was beautiful serendipity that made me feel good. But Trump’s exit is just the end of the beginning. Now it’s time to get to work!

For more information about Michael, visit [michaelmhughes.com](http://michaelmhughes.com), and to learn more about the Magical Resistance, visit [facebook.com/groups/OfficialBindTrump](https://facebook.com/groups/OfficialBindTrump). ♦

**“My current focus is on conspiracy-mongering. Dark conspiracy faking has infected alternative spiritual groups.”**

think while I was watching it was ‘please stop this from happening, oh my god.’”

Indeed, if the insurrection had been more organized, the outcome may have been far different.

“I think that it’s lucky it wasn’t more organized,” says Gary Lachman, “It was whipped up and made to happen, and suddenly they were in there. And it seemed to me that, at first, they had this dazed look, but then they got on with it. Seeing the guy with the horns (the QAnon Shaman) was sort of like the barbarians have arrived, *Olympus Has Fallen*, the Goths have turned up in Rome. When the genie gets out of the bottle, it’s hard to put it back; and often somebody like Trump can be a figurehead, but then the movement they create gets bigger than they are. They’re no longer indispensable.

“When Ivanka Trump introduced her father at the 2016 Republican Convention she said, ‘Now all things will be possible again.’ Can you imagine saying that at the beginning and then, at the end, it culminated into that attack on the Capitol? Even though the Capitol wasn’t in flames, it was close enough. That’s a strange kind of juxtaposition.”

I’m writing this on January 17, three days before Joseph R. Biden will become America’s 46th President, and 46 is the exact number of monthly rituals held by the Magic Resistance while Trump was in power (if you’re into number magic, that’s worth thinking about.) The U.S. is on high alert and, in Washington D.C., at least 20,000 National Guard members are being deployed, which is roughly four times more than the number of troops currently in Afghanistan and Iraq combined. By the time this article is published, who knows what may have happened? As Gary Lachman said to me, the problem with writing about current affairs is everything can suddenly change.

What won’t change is that, even though Donald Trump is leaving center stage, more political egregores are almost certainly waiting in the wings.

Along with Steve Bannon and “Putin’s Rasputin” Aleksandr Dugin, Dominic Cummings — advisor to Britain’s own Mini-Trump, Prime Minister Boris Johnson — is also reputedly allied to the shady esoteric cabal

called the Traditionalists. So is Olavo de Carvalho, a philosopher and former astrologer who is one of the most influential individuals in the administration of Brazilian President Jair Bolsonaro.

At this point, it’s probably worth remembering what the 19th Century occult author and magician Eliphas Levi wrote ... or two things he wrote, to be precise. In his *Dogme et Rituel de la Haute Magie*, he advised: “Would you govern yourself and others? Learn how to will,” but in his *Le Grande Arcane*, he also warned that egregores “are terrible beings ... that crush us without pity because they are unaware of our existence.” I wonder if that also includes egregores we have willed into existence for ourselves?

But what comes next for the Magic Resistance?

“This is just the end of the beginning,” Michael says. “There is a lot more work left to do. ‘The way I look at it is we’ve built something so meaningful to so many people that I can’t imagine it just going away because Donald Trump goes away. As we’ve grown as a group and as a movement, we’ve done rituals for immigrants, we’ve done rituals not just for political aims but for social causes too, and I don’t think Donald Trump’s exit is going to get rid of the issues he has made come to the surface. He’s the living face of the hate that people were formerly never allowed to express in polite society; they were afraid to say it, but now they’re saying it, and they’re not going to go anywhere.

“Personally, my current focus is on conspiracy-mongering. Dark conspiracy faking has infected alternative spiritual groups, including some of the communities I used to be in, like people interested in UFOs or the paranormal, Fortean sort of stuff. But even areas like alternative health and herbalism and nutrition have suddenly become infected with these dark cryptofascist conspiracies. I know people who, one year or three years ago, were talking about love and light and healing and herbs and reiki, now they’re all up in arms about George Soros and 5G and Bill Gates putting microchips in vaccines.

“I’ve always found conspiracy culture fascinating,



**This poster was designed as the pandemic raged in 2020. “Still in the pandemic, the world feels weary, and no one in the Trump administration is trying to stop it. I envisioned a high universal power, cosmic Mother Nature. Roses represent dignity. We still see the two intertwined DNA/medicinal serpents. The butterflies represent the transformation and transcendence we still need to achieve,” Karina said.**

# Q&A: KARINA RUIZ DIAZ

By IAN WHITE

**K**arina Ruiz Diaz is a graphic designer. She's also the artist of the beautiful posters that have announced each Bind Trump ritual since the very first binding in February 2017. On Facebook, her alias is Karina Higgs-Boson. On Twitter, her alias is Kitty\_Lemiew.

**Q: What was your experience with magic and witchcraft before you joined the Bind Trump group?**

Karina: I wasn't naturally into magic. I'd suppressed it because, when I was growing up, it wasn't a "rational" thought and people ridiculed me. But, looking back, I had an understanding of being magical even as a little girl. I'd just disconnected it in my mind.

I've always been aware of a "hyper-vigilance" and sensitivity whenever I visit a museum or a place of historical significance. I'd touch the walls and feel like I was connecting with the people from the past, people who had gone through the events in that place, but it never occurred that what I was feeling was witchcraft. It's part of who I am. I guess I am a witch not only because I'm able to feel these things, but I'm also a graphic designer. In graphic design, we develop branding and logos, which aren't unlike sigils. We develop ways to entice people to buy products or services, ways that create a visual spell. The more I learned about magic, the more I realized I was already doing magic but in another way.

Creativity, art, and magic are the same mechanics. When Donald Trump got elected, he used the magic of advertising, of social media, of memes. It's all casting a spell. Once we understand that, then we can understand what magic is.

**Q: This feels like an excellent place to talk about the art you create for Bind Trump, and where it all began.**

Karina: After I read Michael's binding spell online, I couldn't stop thinking about it. I thought it was a great idea, even though I was still suppressing my own magic and not into it at all. I'd felt really bad after Trump's inauguration, and when I saw the spell I thought it was delicious, and a much better alternative than feeling angry and powerless. So I decided to do a poster, just for the fun of it. I posted it on Twitter with a link to the spell and sent it to Michael. I'd never met Michael. His spell just inspired me.

After that I let it go, but then I started seeing my poster on the Internet, and I started thinking, "What's going on?!" And then I began receiving messages from people telling me things

like "You're going to burn, you witch." Some were violent threats, others were derisive, but then others were very positive, like "Yay! Rock on!" It was a surprise that it became viral, and at the time I was very shaken.

**Q: But, despite that, you still drew the poster for the second binding. Did Michael ask you to do that?**

Karina: No, Michael has never come to me and asked, "Can you design a poster this month?" I've just always felt compelled. For me, it's vital that people don't lose hope and know we're still here. It's like a signal boost. And I can see the spell works ...

**Q: As a non-magical person when you first joined the group, how did you find doing the ritual for the first time? Did it become easier as the months passed?**

Karina: The first time was strange. I don't know why I felt nervous, because nobody was watching me and all I had to do was follow Michael's recipe. But I felt a bit uneasy because I wanted to do it correctly so that it went well. Afterwards, I felt good, and I looked forward to the next month. Each time I did it, I became

more at ease. I have a curio cabinet where I keep all my magical objects, and every month I'd add to it and make it different.

I went to thrift stores, magical stores; there's a piece of land not far from my home that used to be the Old Canadian Foundry, but the foundry isn't there anymore, and I call it the Land of Decay and Transformation. I collected soil from it and put it inside a jar, and it became a magical symbol for me. I've collected beautiful rocks and stones from there. The more I do magic, the more natural it feels.

**Q: What's your process when you're putting a new Bind Trump poster together?**

Karina: During the weeks leading up to it, I notice the patterns going on around me, the mood of the events that are happening. And then a few days before the date, I open myself up to what I feel. If I see something a lot of times, images of serpents for example, maybe I'll put that in.

It's important not to make the poster too complicated. Although the images that are evoked when I create the poster are personal to me, I want people to be able to have their own interpretation but at the same time recognize what it is. It's a play of things. ♦



Karina Ruiz Diaz



but it used to be ‘UFOs are being covered up,’ ‘JFK was killed by the CIA,’ or ‘Paul McCartney was replaced by a double.’ Now it is weaponized alt-right cryptofascist propaganda, and it’s in the spiritual community like I’ve never seen. I’ve lost a lot of friends because of it over the years. I’ve been watching the steady encroachment of this right-leaning cryptofascist conspiracy garbage infecting so many communities. I think one focus of what we should do is getting people to say no to that stuff, deprogramming a lot of the people who have been duped into thinking they see through the illusion.

“The current COVID denial is probably the spearpoint of it all; this insistence by certain conspiracy mongers that COVID isn’t real, so they’re encouraging people to go out to speakeasies and completely flaunt public health guidance. So many not unintelligent people have bought into this narrative that is so anti-scientific and malign in the way that it’s twisting people around and doing everybody harm. It sounds funny that a group all about magic and witchcraft is trying to get people to accept science and reason, but somebody has to do it, and we’ve been very clear from the beginning that we are not anti-science. Magic *is* science! So I think that also has to be a big focus of what we’re doing next.”

When I asked Scarlett Amaris what she thought the Magic Resistance should do next, she replied, “The Magic Resistance as a unified force is a really great and powerful tool, and if it’s used in a more transformative way than continuing to bind Trump, they could transform the world. Magical resistance is incredibly important, but even an act as small as wishing good to happen to someone or donating your time in some way is a magical act. You don’t have to be reading from the *Book of Shadows*, sitting in the dark and binding or cursing your enemy to be a witch or magician. Actively going out and making a difference, that’s magic.

“You can also transform in another way, and I did this myself in the *Saurimonde* books. I took a very ugly situation that happened to me and reimagined it into a story that, although it’s a terrifying story, was still a transformative act. I could either have become a very bitter horrible person as a result of that situation or let it go.

“Being creative and sharing creativity is a magical act. I talked about this in a recent class. Writing is ritual; writing is magic; words are magic, you know? Creativity is the greatest gift we’re ever given; it’s the most miraculous magical thing, and we need to treat it as such. Be the person who changes yourself and changes everything around you. You can work on the side of demons, but work on the side of angels also.”

Creativity is also one of the things that Kerri Kor

**“Being creative and sharing creativity is a magical act.”**

enjoys most about the Bind Trump group, a passion she shares with its founder.

“I really enjoy that members write their own works and submit them for us to put up on the site. We’ve had people who have done ‘lifting the veil’ work and unbinding work and a lot of other interesting things, and participation has been great. It’s a creative process, and you can’t underestimate that kind of energy because, in my opinion, it’s the drive to create that’s the magic itself.

“As for the future, I’m truly committed to people having their creative baby remain their creative baby, so I’m following Michael’s lead on this. One thing we know for sure is that we can’t go away; people need it, they really rely on it, and we’ve created something that’s just spectacular that de-

serves to continue to have its life. It’s strong and powerful, and there is a ton of work still to do. Where Michael wants to lead, that’s where Kerri’s going to follow.”

Finally, as for Trump being an egregore, the way he seems to have almost physically diminished since Facebook and Twitter cut off his social media lifelines, 10 Republican representatives crossed the fence and voted to impeach him for incitement of insurrection, and many of his followers expressed betrayal at the way he threw them under the bus after the Capitol uprising suggests nothing less than a malevolent power that is slowly being drained of energy. But it’s unlikely he will go away easily. Egregores are tricky to disintegrate once unleashed, as the GOP discovered. Even Dion Fortune and Alexandra David-Neel found it a long and exhausting process to dissolve their tulpas-gone-bad (in Dion’s case a wolf, in Alexandra’s case a Friar Tuck-like monk), and their tulpas were self-created.

How long it will take the world to remove a tulpa/egregore that has spent decades in the public eye and more than four years energized by the masses he conned is anyone’s guess. As the filmmaker Michael Kirk said on a recent episode of National Public Radio’s *Frontline Dispatch*, “Trump’s [still going to be] with us and with the people he’s activated. Even without him in the White House, Donald Trump’s words will ring in their ears; his instructions will activate them. It’s not a pretty picture.”

Thinking about that makes me even more grateful that the witches and magical people of the Magic Resistance are on our side.

*Dedicated to Eleanor Rigby and healing the void.*

<sup>1</sup> Michael M. Hughes: *Magic for the Resistance* (Llewellyn 2018)

<sup>2</sup> Gary Lachman: *Dark Star Rising: Magick and Power in the Age of Trump* (TarcherPerigee 2018) ♦

# Q&A: KERRI KOR

By IAN WHITE

**K**erri Kor is a world religions professor who was a practicing witch for half her life and is now a practicing Catholic. She is a moderator on the Bind Trump (Official) Facebook group. Although most of the active members know she's Catholic, Kerri jokingly admits there's "a witty slice of justice in the irony of a Christian feeling a wee bit of the odd-person walking on eggshells in a den of pagans!"

## **Q: You became a practicing Catholic after spending half your life as a practicing witch; how does that happen?!**

Kerri: Although I didn't grow up in a church-going family, Christianity's ideas were embedded in me at an early age. I started attending church with my friends when I was around seven. At about age 11, I had a shift and a moment of "where's the feminine in this?" and I started exploring outwards, developing my own ideas about God and the expanded nature of the Universe and coming to the sense that there was a missing feminine/God as both male and female element that I needed to connect with. I'd already begun studying some of the early Celtic practices and how they'd blended in with Christianity, so that was already comfortably inside me. And then I wandered into a metaphysical bookstore when I turned 16, discovered Starhawk's book *Spiral Dance* and realized, "Woah! I've been doing this on my own for quite a while!" After that, I reached out and realized there was an actual community of people out there just like me.

Jumping forward to my 30s, when I went back to school to finish some degrees, I sat in on a world religions class and realized, "Oh my gosh, that's it." So I studied world religions, became a world religion professor, traveled through many different practices — Quaker, Daoism, and I was deep into Buddhism for quite a time — and then, possibly because I was teaching at a Catholic university and surrounded by lots of sisters and a wonderful campus of priests, everything fell into place for me. It's been a beautiful journey, and I have not regretted a second of it.

## **Q: And the blending of Christianity with Celtic folklore is still part of you?**

Kerri: Absolutely! I couldn't possibly separate that out from who I am, and I'll never be such a Roman Catholic that those aspects of ancient people and ancient practices won't affect me because they always will. That's why it's not difficult for me to be involved in the Bind Trump movement while still having a great love, devotion, and commitment to my newly adopted faith. It's a nice blend.

## **Q: What do you think about the criticism that the Bind Trump ritual could be giving Trump's egregore more power?**

Kerri: I don't disagree with the egregore concept nor that binding may be feeding it, but an egregore can feed on good energy as

much as it can feed on bad energy, so surely if we feed it with enough good energy that goodness will be reflected outwards. It's like the Buddhist concept of grasping and aversion: you can grasp something and take it in, or you can push it away. Either way, you're still feeding it.

My caveat is that there are some evils in the world you simply have to address and there's no way I couldn't get involved with this. We've had too many instances in history when we've seen things happen and said to ourselves, "How could that ever have gotten to that point?" Whether we did this or not, it's going to grow; I couldn't possibly have been a person who sat back and said, "I'm going to let this happen."

## **Q: In the beginning, a lot of people got very upset at the idea of witches and magical people binding Trump, but, to me, Trump's presidency has always felt like a spiritual battleground.**

Kerri: I agree. I remember watching the Brexit vote in the U.K., feeling that populist energy rising in the world and saying to my husband that there is something spiritual afoot. There's a battle line being drawn in a realm that's not just here, it's beyond, and people are tapping into or being pulled into it or whatever you believe from your own faith or perspective. Every generation has people standing on the street corner with signs saying, "It's the end of the world!" But, right now, there's something unspoken and creeping that I can't even put words to. It was there in 2016, and it's continued to grow and grow.

## **Q: I've always been struck by how Bind Trump and the Magic Resistance has given so many people — not just witches — hope and focus when they felt most powerless.**

Kerri: Without a doubt, Binding Trump are a very diverse group of people from all over the world who came together and said, "Hell no, we're not just going to sit here and do nothing. We want to do *something*!" We've helped provide both tangible, practical things, and we've also provided this sort of energetic cosmic consciousness around what can be done.

## **Q: What do you think the future of the Magic Resistance should be?**

Kerri: I'm truly committed to people having their creative baby be their creative baby, so I'm following Michael's lead on this, but I do think there'll be a continuity. I don't think that whatever happens next will be so brand new that it's unrecognizable. One thing we know for sure is that we can't go away; people need it and rely on it, and we've created something that's just spectacular that deserves to continue to have its life. ♦

# Q&A: GARY LACHMAN

By IAN WHITE

**G**ary Lachman is an author and lecturer on consciousness, counterculture, and the Western esoteric tradition. His books include *Politics and the Occult*, *Lost Knowledge of the Imagination*, and *Dark Star Rising: Magick and Power in the Age of Trump*. He's also a founding member of the rock group Blondie and was inducted into the Rock & Roll Hall of Fame in 2006.

**Q: In "Dark Star Rising," you wrote that Donald Trump's election was "a singularity." That turned out to be a more than accurate prediction ...**

Gary: It just seemed to me that everything was different after that. In a cultural sense, or at least in the sense of post-truth and alternative fact and things being upside-down, Trump kept going and had this momentum which seemed to me to be generating chaos. It's kind of like when something enormous crashes to Earth; it sends stuff out for a while, and if you're in front of it, you can kind of catch that wave and be pushed and pushed and pushed. That sort of felt like what was happening, and things have been radically changed ever since.

**Q: Your book was the first time I'd seen Trump described as an egregore or tulpa ...**

Gary: And I don't want to say I told you so! That's what it seemed like when I was writing it, even though I was only saying it half tongue-in-cheek. Is Trump a tulpa or an egregore? I think he's more of an egregore because that's a thoughtform created by a group which then generates its own independent energy and goes beyond. Many, many people participate in an egregore's creation, and it doesn't even have to be focused on him; he could just be the carrier at this time, and now perhaps it's passed into a larger body of people.

Trump is what the writer Colin Wilson called "the right man." It's a psychological profiling idea that these very dominating characters cannot admit they're ever wrong, and they'll go to the greatest lengths to maintain this self-image of being right all the time, even resorting to violence if that's what it takes. And, when you're a character like that, and you're given a field where you can really operate that kind of megalomania, you get profoundly horrible tyrants like Stalin. Trump's very small change in that department, although he has that personality.

**Q: To me, this feels like it's been a very occult-based presidency right from the start. Is that all part of the Trump sideshow? Has he set this up to, quite literally, demonize his opposition and play these four years out like it's his "Good" versus their "Evil"?**

Gary: Evangelical Christianity is a big part of the American psyche. I don't think Trump takes it seriously, but like all good demagogues and tacticians, he knows how to use it to his advantage. There's also a lot of Puritan ethos in American fundamentalism, and good versus evil is something the human psyche responds to. Politically, the Right knows that, and it uses myths and memes and striking images for dubious purposes. The Left rejects that approach because they're into sweetness and light and rationality, but it's unable to connect with the other side of the equation.

Spiritual, psychological, and magical practices are generally about getting the two sides of us working together instead of fighting each other. That's hard enough for one person to manage, let alone a whole nation or society. But I would say that, in terms of the evolution of consciousness, the polarities and the tensions are so great now that I think there is a real possibility of something happening. It could be a shift into a more integrated way of being, which is the great hope, but there are no guarantees.

**Q: In "Dark Star Rising," you mention Hesiod and the Iron Age "when the center can't hold." Is that the stage we've reached right now?**

Gary: There's a German-Swiss philosopher named Jean Gebser who wrote this enormous book in the '40s called the *Ever-Present Origin*. His basic idea is that consciousness has mutated into different structures throughout human history, and there will eventually be what he called the breakdown of the mental rational structure of consciousness. When you look at, for example, the way the political structures in America and the U.K. are fracturing and atomizing, I'd say we're unfortunately at that stage today. But I don't want to say that in the sense of doom and gloom. It's recognizing we're in this place and, yes, it's all breaking down, but something good may come out of it because space could be made for something new to come in.

There's the quantum physics' notion of non-locality, when particles that were together are split but still somehow know what the other particle is doing. Similarly, there are neurons inside our brain that fire at the same time even though they have no contiguous link to each other. So, who's to say that different people around the globe can't act individually and without any awareness of what the other is doing and yet collectively arrive at some kind of change — some result they can't even know themselves what it may be but they're contributing to a resonance effect that is changing the world?

It could be Bind Trump or the Magic Resistance, or another kind of consciousness-building like the Harmonic Convergence. I'm not saying that's possible, but it's a hope. ♦



Gary Lachman



# Q&A: SCARLETT AMARIS

By IAN WHITE

Scarlett Amaris is an esoteric researcher, screenwriter, and author. She has written or co-written scripts for several films, including the award-winning documentary *The Otherworld* (*L'Autre Monde* - 2013) and *The Color Out of Space* (2019). Her lecture on the artist Una Woodruff will be published in the book *Making Magic Happen: Selected Essays From the Inaugural Magickal Women Conference* in June 2021. Scarlett also teaches comparative mythology and witchcraft in Los Angeles.

**Q: As a magickal historian, what's your opinion of the Bind Trump ritual?**

Scarlett: I may have the unfavorable point of view on the binding of Trump! I know from my practice and from the mundane world that dealing with somebody who is that kind of narcissist and giving them any form of energy whatsoever, even if it's a binding to prevent them from doing harm, is precisely what they want.

The worst thing you can do to that kind of personality is to tell them they mean nothing, that they are a nothingness. I've read the paper with dread every day for the past four years since that tyrant came into power, but I personally believe that being successful and not allowing them to have an impact, no matter how angry they make you, is a really good lesson.

**Q: Has Trump's cult of personality turned him into a tulpa or an egregore?**

Scarlett: I would 100% agree with that. Where we are now in history, we're literally seeing the personification of the various evils in the world. It's a very strange thing, and there's an egregore that comes with the hysteria and the hatred surrounding him. He's the personification of gluttony and hatred, and it's genuinely terrifying.

**Q: So, do you think the Bind Trump ritual was a mistake?**

Scarlett: I think, psychologically, it probably wasn't a mistake; the need to feel like you're contributing, the need to feel you're fortifying something and protecting yourself and your community in any way you can, I completely understand that. But what you really want to do is transform that need to protect yourself into making your world bigger and brighter and more beautiful despite what this despot is doing. That's winning, and that's

witchcraft. If everyone did that, I think Trump would really start to deflate.

**Q: What direction do you think the Magic Resistance should take next?**

Scarlett: I think the Magic Resistance as a unified force is a really great and powerful tool, and I've no doubt that if they use their collective magic in a transformative way, they could totally change the world. Magical resistance is incredibly important so long as it's used for those things that aren't going to feed off it.

**Q: So, if people want to magically resist in a way that doesn't make the egregore stronger, what would you suggest?**

Scarlett: By actively going out and changing the world around you for the good; going to work at a homeless shelter, volunteering to work with animals, donating your goods, donating your time in some way, positively changing somebody else's life, and making a difference. Those are all mundane workings, but they are totally magical acts. Even something as small as wishing good to happen to someone or doing a positive spell to help the world.

You can also transform in another way, and I did this myself in the *Saurimonde* books I wrote with Melissa St. Hilaire. I took a very ugly situation that happened in my life and reimagined it into a story that, although it's a terrifying story, was still a transformative act. I could either have become a very bitter horrible person as a result of what happened or let it go. When I wrote *Saurimonde*, I poured the poison out.

Being creative and sharing creativity is a magical act. Writing is ritual; writing is magic; words are magic. When you create characters and situations, you're creating tulpas in your own way. Creativity is the greatest gift we're ever given; it's the most miraculous magical thing, and we need to treat it as such.

**Q: Finally, is the best way to take the crooked path not going to the Right-Hand or Left-Hand but walking between both sides?**

Scarlett: I don't think magic is white or black. Magic is gray. Magic is wherever you decide to send your will and whichever way you decide to send it. We make that human choice, and we put that humanization on it, but magic as a force doesn't know either way. Be the person who changes yourself and changes everything around you. ♦



Scarlett Amaris

# 'SAMANTHA GETS INTO A BIND'

ORIGINAL FICTION WRITTEN FOR PARANORMAL UNDERGROUND MAGAZINE BY ADAM-MICHAEL JAMES

INTRODUCTION BY IAN WHITE, ILLUSTRATION BY BRITTANY BRETT

I was lucky enough to interview author and *Bewitched* guru Adam-Michael James for this magazine's September 2018 issue. Adam-Michael's books, *The Bewitched Continuum* and *I, Samantha, Take this Mortal, Darrin*, are always in reach whenever I get (nose) twitchy and need to cheer myself up. And so, as something a little bit special to celebrate the Biden inauguration and the fourth anniversary of the Bind Trump ritual, I asked Adam-Michael what Samantha and Endora might think about the Magic Resistance.

Faster than a warlock can say "Dr. Bombay, come right away," the following story was his reply. He says he wrote it himself, but I've got a sneaking feeling that Sam and her mother must have been in the room with him ... and I'm pretty sure my friend, pagan illustrator Brittany Brett, was there too. Otherwise, how do you explain the magic they've conjured up between them?

Adam-Michael's latest bewitching book, *Samantha's Seventies*, has just been published by Bright Horse, and check out Brittany's Instagram page, @brittanybrettart, for more of her spellbinding art. Now, enjoy this original *Bewitched*-inspired fiction from Adam-Michael!

\* \* \* \* \*

Samantha Stephens lingered a little as she made her way through the kitchen of 1164 Morning Glory Circle. Though it was now filled with the most modern of modern appliances, it still felt so familiar. She caught sight of a calendar with several boxes x-ed out in red and sussed out today's date: January 19, 2021.

Giving herself another moment to recall how many meals she had served to Darrin and the children here, Samantha forced a little oomph into her feet to more quickly cross into the living room, where she had promised to be. After all, the one she was to meet there was not big on tardiness.

Before Samantha could even return her thoughts to the matter at hand, an imposing figure appeared out of nowhere. Said figure possessed a plume of red hair and wore a flamboyant gown of yellow and lavender, accessorized by gumball-sized pearls of varying hues.



"Mother," Samantha remarked with a slight click of her tongue. "Aren't you ever going to bring your wardrobe up to date?" she asked, indicating her own stylish off-the-shoulder black dress with the sleeves that puffed out outrageously at the elbow.

"I'm not here to discuss couture," the witch Endora huffed. "We'll never make the ritual if we don't leave now. We could be there already if you hadn't asked to meet at your old home first."

"I just wanted to see what Adam's done with the place," Samantha admitted, glancing at the hardwood floors and the giant plasma screen TV. Nodding at it, she went on. "Now I know what Adam did with his bonus for making Advertising Man of the Year. Ah, just like his father ..."

Endora rolled her eyes. "My grandson, who looks older than his mother because he's halfmortal."\*

"Well, he can't help aging like one. We've been over that."

"Can we go?" Endora asked impatiently.

"Don't worry, I know how important this ritual is. It may be the biggest, most involved one we've taken part in yet because of Biden's inauguration tomorrow." Samantha sighed. "That we still have to do these ..."

"Biden's predecessor has been a tough subject. But, hopefully, the need for this particular ritual will be rendered moot soon."

Samantha closed her eyes. "Binding Trump.' Well, the proceedings certainly couldn't have a more apt name. You know something, Mother? I've always wondered ... the creator of this ritual ... um ..."

"Michael M. Hughes," Endora filled in.

"Michael M. Hughes. You're sure he never found out you gave him the idea for the whole thing?"

Endora's turquoise-shadowed eyes widened. "Oh, really, Samantha! After all the times you've harangued me about how unethical it is for we witches to interfere in mortal affairs? I mean, if we really wanted to, literally binding Rump or whatever he's called could be done in single zap. But, as I continue to concede ... if we did everything for mortals, they'd never learn anything."

"True enough. At least the binding ritual has only ever been symbolic, just to keep ... 'Rump' from doing harm," Samantha surmised. "I like how practicing it has further brought mortals and witches together — don't forget that unity of our two peoples started right here in this room."\*\*

"And led to such a throng gathering outside the Stump Towers in New York and performing the ritual on the sidewalk!" Endora laughed.

Samantha wrinkled her nose. "That was fun. We've all sort of formed a magic resistance. And I've noticed that even the mortals who aren't able to perform a

witch's ritual have learned that they do have a certain kind of magic within themselves that can shape their world via their good intentions."

"So important, given the mortal realm's authoritarian streak trying to assert itself again. That's part of the darker undercurrent of energy that needs to be kept at bay, Samantha. And energy is what makes the cosmos go round, you know."

"All the better to keep that energy positive. If doing these rituals helps people feel like they're taking their power back, I'm here for it, as the kids say."

Catching Endora's confusion, Samantha tilted her head and uttered, "Well?"

Endora swayed agitatedly. "We'll never be able to help influence that energy if we don't get going! We still have work to do, even after the new administration begins tomorrow. Drat, I told Tabitha we'd there by now."

"Good, she's still coming," Samantha smiled. "She was telling me that you asked her to zap up a 300-pound orange once she got there?"

Endora grinned impishly. "Just for inspiration, dear. Just for inspiration. Yet how sorely tempted I was to turn Plump into a real one instead."

"Oh, Mother ..." Samantha said warmly, patting the elder witch's shoulder. "I think even Darrin would find that funny. Think I'll go see him after the ritual and tell him about it."

"I'm amazed that you still visit Durwood — pardon, Darrin — so often. You know ... with him being —"

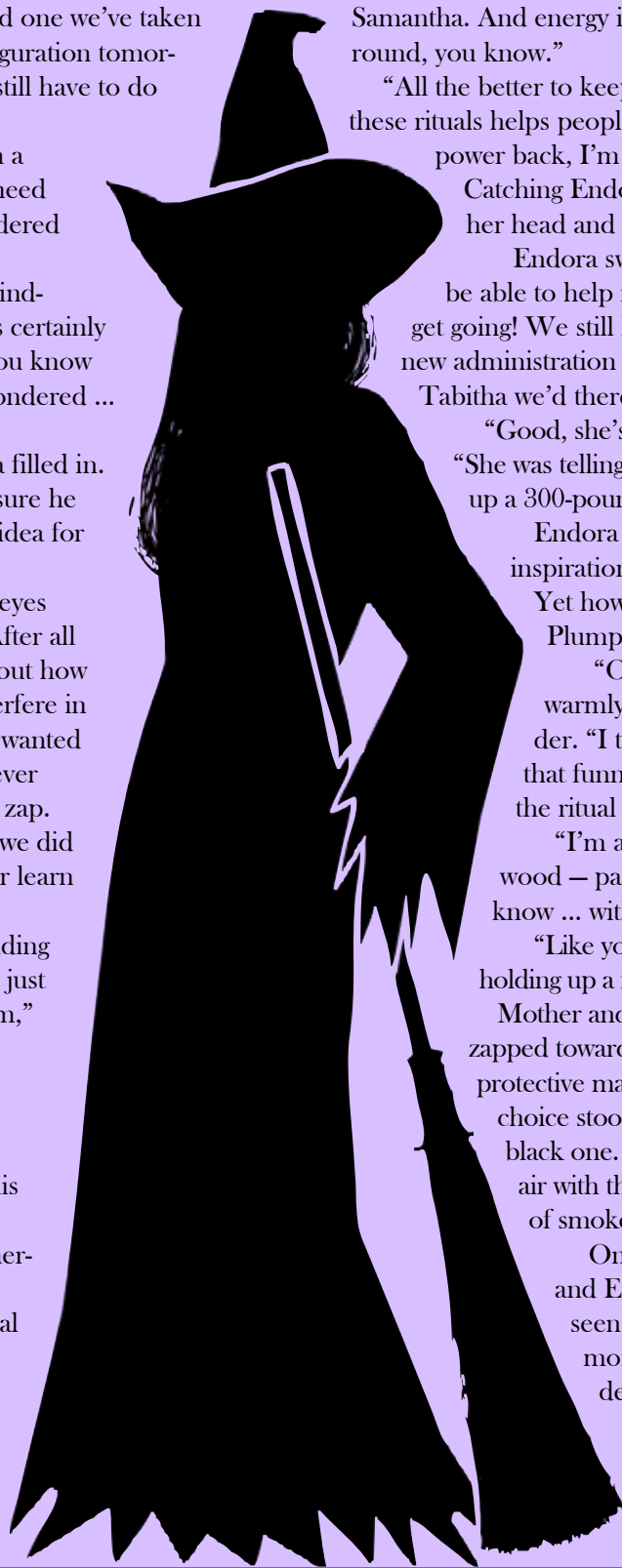
"Like you said," Samantha interrupted, holding up a finger, "it's all energy. Shall we?"

Mother and daughter joined hands, then zapped toward themselves, materializing protective masks; naturally, Endora's colorful choice stood out against Samantha's plainer black one. The witches waved high into the air with their free arms, and giant clouds of smoke billowed up from the floor.

Once the air cleared, Samantha and Endora were nowhere to be seen, well on their way to helping mortals, in witches' style, preserve democracy.

\* See *Samantha's Seventies*

\*\* See *I, Samantha, Take This Mortal, Darrin* ♦





# HAUNTED HOTELS OF THE FRENCH QUARTER

By Rick Hale, Psychical Researcher

Welcome to New Orleans, the Crescent City, The Big Easy, whatever you prefer to call it. This unique city in the Deep South has long been believed by many in the paranormal field to be a place of mystery, magic, and ghosts. If you should ever visit New Orleans for either sightseeing or hunting its many ghosts, you may want to consider staying the night in these two haunted hotels.

## **Hotel Provincial: 1024 Chartres Street**

Much like the city that surrounds it, Hotel Provincial has a long and storied history of gruesome death and darkness. Originally, the hotel was a convent for the Ursuline Order of nuns. After serving God for several years, the building was converted into a hospital for sick and wounded soldiers in 1722.

Between 1722 and 1870, the building changed hands ... until the building became old and dangerous for habitation. Finally, the building was torn down to make way for a new one. Sadly, that new building didn't last long. A fire burned it to the ground in 1874. When the fire brigade sifted through the rubble and charred remains, they discovered that several people had perished in the inferno.

A century later, the building was resurrected from the ashes in 1969 and reopened as Hotel Provincial, the French Quarter's poshest hotel. However, something of the building's past remained, as staff and guests complained of encountering disturbing entities in its rooms and halls, making Hotel Provincial a hotbed of psychic phenomena.

The overwhelming majority of the hauntings at this French Quarter hotel appear to be nothing more than psychic imprints, more commonly known as residual hauntings. Witnesses have told strange tales of the sudden appearances of soldiers in tattered, blood-soaked uniforms moaning in agony. These shades of a time long since passed are believed to be the soldiers who were patients when the building was a hospital.

The patients of the old veteran's hospital aren't the only



**Hotel Provincial in New Orleans is home to a hotbed of paranormal activity, including tales of full-bodied apparitions and bloody hallways.**

ghosts seen around the hotel. A few guests have walked into their rooms to see phantom doctors attending to their patient's wounds as small streams of blood flow down the halls. The ghosts of Hotel Provincial may not be interactive with the living, but this doesn't make them any less terrifying.

## **Bourbon Orleans Hotel: 717 Orleans Street**

In the old days of New Orleans, before the emancipation of slaves, it was considered fashionable for men of means to take mistresses of mixed race as lovers. While they were free, these women were considered unacceptable by New Orleans' society. Parties were often held in local hotels for the purpose of wealthy men meeting these lovely young women, and Bourbon Orleans Hotel was a popular location for these parties. Today this French Quarter hotel is haunted by its notorious past.

Like many old hotels, Bourbon Orleans started out as a convent for The Sisters of the Holy Family. This particular convent was unique, as it was the only convent in the south for nuns of African descent. Following the

Louisiana Purchase in 1803, the convent was deconsecrated and reopened as a social club for wealthy young men looking for a good time.

Unlike the ghosts of Hotel Provincial, the specters of Bourbon Orleans are very much aware of their surroundings. Some of the most active ghosts at the hotel are children running up and down the halls. These children are believed to be the progeny of the wealthy men who frequented the social club and their mistresses. And like living children, they delight in playing harmless pranks on the staff and guests.

If there was any one room in the building said to be the most haunted, the grand ballroom would be it. People in the vicinity of the ballroom have heard talking, laughing, and music emanating from the ballroom, as if a lively party was in full swing. Others have claimed to catch a glimpse of apparitions in period attire dancing to music that hasn't been played in the ballroom for centuries.

Oftentimes, curiosity has caused these people to cross the threshold to get a better look at this bizarre vision of the past. But when they do, the party abruptly ceases and

the apparitions vanish, leaving in their wake a dark room filled with a cold chill.

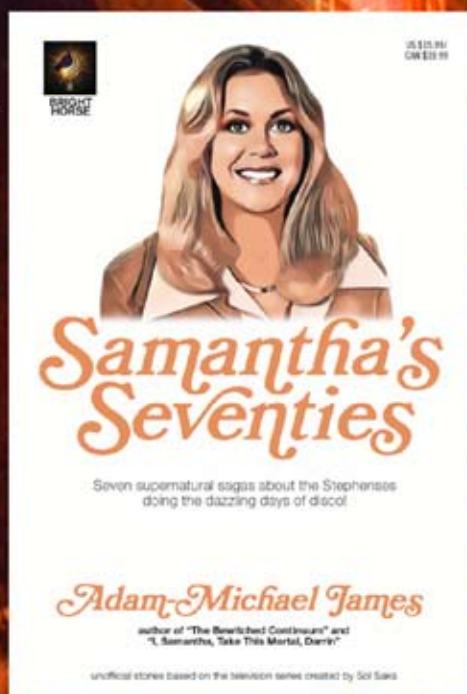
The first floor reception is said to be home to a rather unpleasant old man. The grumpy figure sits in a chair chomping away on a cigar as he reads his paper. When someone approaches him, he gives them an angry glare and fades away.

Perhaps the most comical story about the ghosts of the Bourbon Orleans was an isolated incident. One afternoon a maintenance man was working in a stairwell when he became frustrated and unleashed a stream of crude words. Suddenly, he felt what could only be described as a slap across his face. As he stood there speechless, he could feel a presence that clearly disapproved of his choice in words. Staff believe he was sharply corrected by one of the godly women that served their god there centuries earlier.

New Orleans is a town celebrated for not only its culture, but its many tales of ghosts and other supernatural beings said to stalk the night. The very foundations cry out with stories of bloodshed and ghosts forever in anguish. ♦



**Visitors to the Bourbon Orleans Hotel describe hearing ghostly parties and seeing apparitions.**



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# UFOs AND THE FUTURE OF HUMANKIND

## PROPHECIES FROM ALIEN REALMS

By Sean Casteel, Spectral Vision

**A**re we, as mankind, on our own against all that threatens our survival? Will we be left to fend for ourselves against unthinkable odds?

Author, publisher and editor Timothy Green Beckley and his stable of writers say that we shall not perish in our own self-destruction but will instead get help from entities that are sometimes called the “Space Brothers,” a word equivalent to “angels” filtered through a high-tech, modern-day lens.

Over the many decades that Beckley has been publishing UFO and occult books, he has provided a thorough survey of the aliens that runs the moral gamut, from heavenly angels to snarling demons to extraterrestrial scientists bent on genetically blending themselves with human DNA. There are innumerable ways to view the aliens as benevolent or malevolent, and Beckley has long covered the wide range of moral approaches.

Two new releases from Beckley’s publishing house, Global Communications/Inner Light, are definitely on the positives end of the moral spectrum. One is called *Carol Ann’s Psychic and UFO Revelations for the Twenty-First Century*, and the other is entitled *Cosmic Messages from the Space Brothers and Ashtar Command*. Both books rely on the principle that the Space Brothers are living entities with whom people can communicate fairly directly through a method called “channeling,” in which the aliens “speak through” a chosen human subject, who is sometimes in a trance and at other times in a more normally conscious state of being.

If one will allow that this alien contact is real, what are the Space Brothers actually saying as they articulate themselves through human contactees? One may be surprised to learn that there is a certain amount of doom-saying inherent in the message, which is tempered by an even bigger preponderance of hope. The Space Brothers promise that a happier, healthier world will eventually



People have envisioned many ways that the world ends.

come, but only after a period of “cleansing,” much like the tribulation years prophesized in the *Bible*.

### What Forms May Our Possible Doom Take?

In a chapter from *Psychic and UFO Revelations*, writer Tim R. Swartz takes up the unhappy subject of encroaching doom.

“For those who believe in the Space Brothers,” Swartz writes, “we have been warned time and time again that there are many pitfalls and perilous events that could befall us given the least opportunity — that things are shaky because of our attitude toward impending matters both local and international. As the space people see it, all things are interconnected. What you sow is what you reap. The predictions made by the ‘Visitors’ are varied and involve many scenarios as to how civilization as we know it could come to an end.”

Swartz says that how and when the end will come is presently a matter of speculation and debate.



“Will the world end with a bang or with a whimper?” he asks. “By ice or by fire? By our hand or the hand of fate?”

Swartz then provides his own list, based on messages from the Space Brothers as obtained through various “channels,” of possible end-times events. For example, we could suffer a collision with a comet or asteroid. A polar shift could cause the Earth to flip over like an out-of-balance gyroscope. Could humanity be wiped out by a deadly disease? Could climate change be a harbinger of mass destruction? There is, of course, the threat of nuclear warfare, as well as the possibility of an accidental nuclear reactor explosion that could spread deadly radiation throughout the world. There is also something Swartz calls “Death by Divinities,” by which he means the fulfillment of Biblical prophecies of the Antichrist and the inevitable Battle of Armageddon.

“Is the end in sight?” Swartz asks. “Are there signs, portents, and hints of catastrophes that we continue to miss out of ignorance? If the end is close, would we choose to try to avert it or continue to argue about politics, religion, and money until it is too late? Or maybe we don’t have to worry about any of this, as some of the Star Commanders, twisting and turning about in our atmosphere, have said they will rescue us and remove the ‘chosen ones’ in a world evacuation. They suggest having a bag packed and ready to go. Decision-making time is upon us.”

### The Hopi Prophecies

Beckley writes in *Psychic and UFO Revelations* that it is not just one particular sect, cult, or religious denomination that is responsible for these forecasts of doom.

“Just about every culture on Earth,” he writes, “seems to realize that we are treading on dangerous ground and that the future looks quite bleak. For example, the great Native American tribe, the Hopi, feel strongly about this subject.”

A few years after the atom bomb was dropped on Japan in 1945, Hopi prophets attempted to get inside the United Nations in New York so they could present their findings regarding the End Times to the General Assembly. The Hopis based their warning on a sacred stone tablet that had been in their possession for many generations. They asked that the White Man’s ways be mended before it is too late.

According to Hopi Chief Dan Katchongva, “Many people, living at this time, will live to see the White Brother return to the Earth, and when they do they will live to consider what they could have heard if they had permitted the original inhabitants of these, the Americas, to give a message to that great body of people.”

Chief Katchongva was not allowed to deliver his End Times message to the U.N. delegates, and for this he



**The Space Brothers are concentrating equally hard on sending out positive thoughts of goodwill and brotherly love.**

voiced his sad resignation. The following Hopi prophecies are given as signs we should be aware of:

- A series of earthquakes will be felt throughout this land and will come as warnings to the people to repent. If they do not heed these warnings and repent before it is too late, a bad earthquake will strike, devastating many cities and resulting in the death of large masses of people.
- Floods will be seen in places where they have never been seen before.
- There will be a great climate change worldwide; hot/cold, dry/wet. In each case, it will be the worst in recorded history.
- There will be famine, pestilence, disease, and plague throughout the land.
- The Hopi were warned not to depend upon great inventions that would be brought to them by the white race. They were told that a lighting system would be established throughout the land and all one had to do was touch the wall to light the room. However, one day, the Hopis were told, this system would be cut off at once and the people would be left in panic. The Hopis were also warned against running water that would come into their homes. This water will be polluted, and anyone depending on it will die or get terribly sick.
- There will be terrible fighting all over the land. City against city, village against village, and family against family. The Hopis were warned to stay on their reservation.
- The moon will turn to blood, and the sun will hide its face with shame.
- The seasons will change, and ice will flow from the north countries.

As a counterweight to all that gloom, the Hopis also



**Cosmic guardians are watching over the Earth during these troubled times.**

believe that a messiah, a true White Brother wearing a red cap and cloak, will return to Earth and attempt to rescue an errant mankind from its wicked ways. UFO sightings are a common occurrence for these Native Americans, and their belief in their version of the Space Brothers is strong.

### **Tuella and the Ashtar Command**

We come now to the most encouraging of prophets, Tuella and the Ashtar Command. According to Beckley, the main representative on Earth of the Ashtar Command, a commonly referenced aggregate group of guardian Space Brothers, was an elderly woman named Thelma Turrell, who later changed her name to Tuella. As unlikely as it may seem, a frail old woman was the aliens' choice to receive and record their cosmic messages. The channeled messages are the exact opposite of much of the darker UFO and alien abduction literature. The channeled material deals with bliss and euphoria and how to build a better world.

"They take a higher spiritual tone," Beckley says, "than a lot of the other contacts and experiences. People always ridicule this and say it's a lot of New Age fluff. And they're right. A lot of the things the channelers say cannot really be verified. But it's a very positive message that they bring, although of course it's hard for many people to follow or believe in this chaotic world that we live in."

Nevertheless, Beckley dares to present Tuella and the Ashtar Command on their own terms, with transcripts of Tuella's channeling sessions with Ashtar and the other Space Brothers who serve with him. The cover of the new book, *Cosmic Messages from the Space Brothers and Ashtar Command*, credits its dual authorship to both Tuella and the Ashtar Command, acknowledging both the

human and alien elements of the process used to create the book. Shortly before Tuella passed away, Beckley bought the rights to her writing and has published it in various forms ever since.

Tuella said that the messages from the Ashtar Command were received "through mental telepathic impressions while fully conscious," not in a trance state, as is sometimes used by other channelers. The messages came to her from "interdimensional and interplanetary spacecraft." The vocal communications were tape-recorded as they were delivered and later transcribed, as presented in the book.

For her part, Tuella states upfront that "the content of this volume stands on its own merits. I do not justify it or in any way come to its defense. It will defend itself. I do not debate nor argue with anyone, or apologize for any messenger who has come forward to speak. To those who do not seek, no argument is possible. To those who do, no argument is necessary."

The ultimate ruler of the alliance of Space Brothers is an entity who calls himself Kuthumi. In his Foreword to *Cosmic Messages* he tells readers that "the plan for this book has existed on spiritual levels for considerable time. That moment has come when we of the Hierarchy now focus our energies for its manifestation upon the physical plane. The words go forth under my sponsorship. We release them in a simplicity that all might understand."

Among Kuthumi's helpers, an umbrella organization called the Cosmic Symposium, are those who represent the Angel Kingdom, the Great Central Sun Government, the Heavenly Host, the Great Karmic Board, the Chohans of Earth Solar System, Universal Masters, and the great Alliance of the Intergalactic Confederation. A divine thread intertwines through all of them in a united warning of the times and a spiritual call to preparedness.

### **Just Who Are These Otherworldly Messengers?**

One of the entities who speaks through Tuella calls itself "The Elohim," which is a Hebrew word for God Almighty as a collective-type entity:

"We, the Elohim of God, send our message to the Planet Earth in this appeal to the flesh of this generation to accept the blessings offered to man by the Elohim of Heaven. Unless humanity is willing to accept the outstretched hand of Love, there will come to this planet spasms of tremendous upheaval and loss of life. The forces of destruction that are within the Earth cannot be contained unless your world community will yield itself to a spiritual awakening. Be still and listen to the beat of your hearts, and know that within collective creation all hearts beat in tempo with your own. Know that all of life finds its source in the pulse of the Universe."

This is a message hammered home time and time

again in Tuella's channeled testimony. There is a loving source, the giver of all life, who asks that we repent, change our ways, and accept the love being offered. We have a free will that allows us to receive or reject the gift of world salvation, and our planet's survival depends on our ability to see the worth and necessity of changing our ways.

We can collectively choose for our planet to live on and become a relative paradise, but the path to that outcome is not an easy one, as the heavenly entities freely admit. It is fraught with danger and trouble like no other time in the history of mankind.

### The Laws of Nonintervention

But the heavenly forces can only exert a limited amount of control over our planet and humankind. They are restrained by a policy of nonintervention that cannot be disobeyed by laws that govern their interaction with us and require us to uplift ourselves by genuine repentance and the willingness to serve the higher purposes.

The Archangel Michael speaks through Tuella of "The Invisible Fortress of Love" and describes a scenario where he can intervene.

When the dark clouds of thought forms of war or international emergencies gather in the heavens surrounding the Earth, Michael says, he intervenes in a concerted action to disperse and scatter these clouds, weakening or dissolving their propulsion's and destructive energies. But there still remains the threat of nuclear war, and the time has come when men of military stature and the statesmen of the world must look beyond the security of their own borders and carefully weigh the threat to humanity everywhere of their decisions.

Michael comforts us by saying, "Let fear not be found among you. Fear hath no place in the heart filled with Light and Love. As your planet enters its next dimension, many will fall or be taken, or meet with mishap, right up to your very doors. Stand ye in Faith and Love, calling upon the Angels of God to stand with you, until this too shall pass."

Tuella also channels Mother Mary, Jesus the Christ, Saint Germain, Lord Maitreya, Hilarion, Lord Arcturus and James, the Brother of Jesus, to name a few. There is a cohesive energy that binds the various entities together as they warn mankind to repent and accept the love we are being offered, a unified message from a large assortment of faiths and philosophies who seem to simply want our trust.

### Bearing Artistic Witness

We need to say a word or two about the artist Carol Ann Rodriguez, who has partnered with Timothy Green Beckley since the 1970s, when they met at Beckley's New York School of Occult Arts and Sciences. Carol has long been a careful student of channeled entities, and she



**When will full disclosure finally be made?**

continues to seek out the messages from the great beyond in the present day.

Carol's fertile artistic imagination has conjured many a beautiful image of the Space Brothers, their spacecraft, and the spiritual powers driving the collective transformation of the Chosen Ones in these strange, unsteady times. Beckley calls Carol the "female Peter Max," and her work does have a kind of spacey quality that recalls those long ago psychedelic times beautifully.

Carol's drawings and paintings are used throughout *Psychic and UFO Revelations* and *Cosmic Messages*.

### Is There Hope for Humankind?

UFO channel and abductee Diane Tessman, who first engaged with her alien friend Tibus while growing up in Iowa, says we shouldn't give up hope, that all is not lost by any means. Tessman has been providing spiritually-oriented discourses from her human-looking "cosmic contact" for several decades, having done so shortly after meeting Tim Beckley (circa 1980), following on the heels of a series of dramatic UFO synchronicities in Florida, where she served as a representative for both MUFON and APRO. Diane was subsequently hypnotized by the well-known UFO researcher Dr. Leo Sprinkle, a psychology professor from the University of Wyoming, in order to validate her experiences.

Unlike most UFO experiencers, Tessman holds to the belief that her ET is not a "real" extraterrestrial in the normal sense of the word and comes a-calling not from



deep space, but from another time in space, being that he is essentially a time traveler.

In her recently published *Future Humans and UFOs* (Flying Disc Press), Diane maintains that future man is coming back to visit us and to share a bit of wisdom and knowledge that hopefully will be to our advantage and allow us to expand the consciousness of our species and ward off any possible danger.

### **Diane Tessman's Philosophy of a Cosmic Fire Drill**

In *Psychic and UFO Revelations for the Twenty First Century*, Diane lays down her theory in a most expressive way, explaining her philosophy that prophecy concerning the future well-being of the human race is like a "fire drill" for what could transpire but which can still be avoided if we pass the drill wholeheartedly.

"The super-storms which we predicted are now regularly happening all over the planet," writes Diane, "sometimes with torrential rains, flooding, and F4/F5 tornadoes; other times with debilitating snowstorms. Also, there are massive wildfires, droughts, mudslides, and sink holes as never before. Volcanoes and earthquakes are revving up.

"What have I learned about making predictions over these 38 years?" she continues. "I have learned that when fire breaks out in a crowded theater, someone has to hit the alarm bell. Everyone perceives the fire, everyone would hit the bell, but it seems to be the purpose of those of us who write books and who receive messages from beyond to hit the alarm as long and hard as we can. This is part of our spiritual connection and responsibility; we are the designated pullers of the alarm. It is my hope that by ringing the alarm bell, human consciousness will come together and wake up! If we can wake up, we stand on the threshold of an amazing step forward in evolution. I believe the galactic community awaits our step forward."

Yes, dark days could be on the horizon, but sunny days could follow.

"These dark days are part of humanity's great freedom struggle," Diane warns, "to become a united people, overcoming three huge, enslaving aspects of all of our lives. There are three aspects to our struggle: 1. We will secure ourselves the use of free, endless energy; 2. We will achieve Disclosure of the fact we are not alone in the universe; 3. We will begin interaction with UFO occupants as one intelligent galactic (and/or dimensional) species to another.

"The first shackle to cast off is our dependence on oil and similar energy sources. We know of our ridiculous enslavement to big oil; however, natural gas now uses

the fracking method which has already caused numerous earthquake clusters, because it literally guts the Earth's water table and rock structure. This is a damaging, dangerous method of extracting natural gas. Generating electricity gobbles up oil and the other finite resources, wounding Mother Earth in the process and all the while placing trillions upon trillions of dollars into the pockets of multinational conglomerates which have such far-reaching tentacles we cannot even fathom them. Their enslavement of all of us is so insidious that most of the enslaved do not even know we are enslaved.

"Our Sun pumps out a half a million tons of electrons every second. It has been doing this for billions of years.

There is an unimaginable amount of raw power in its purest form out there, waiting for us to learn how to tap into it. Why should we need to generate electricity at all when the electron is so abundantly and freely available? What we do need is to

devise a way to simply collect it.

"The second aspect of the next great freedom fight is that 'We, the People of Earth' will succeed in our demands that the existence in our skies of UFOs and their occupants be made known to us in full. We will succeed in obtaining the truth about the history of our planet as well. No, we will not run in panic into the streets in utter chaos, as our government tells us will happen. Our struggle will be intelligent and peaceful; we can handle the truth."

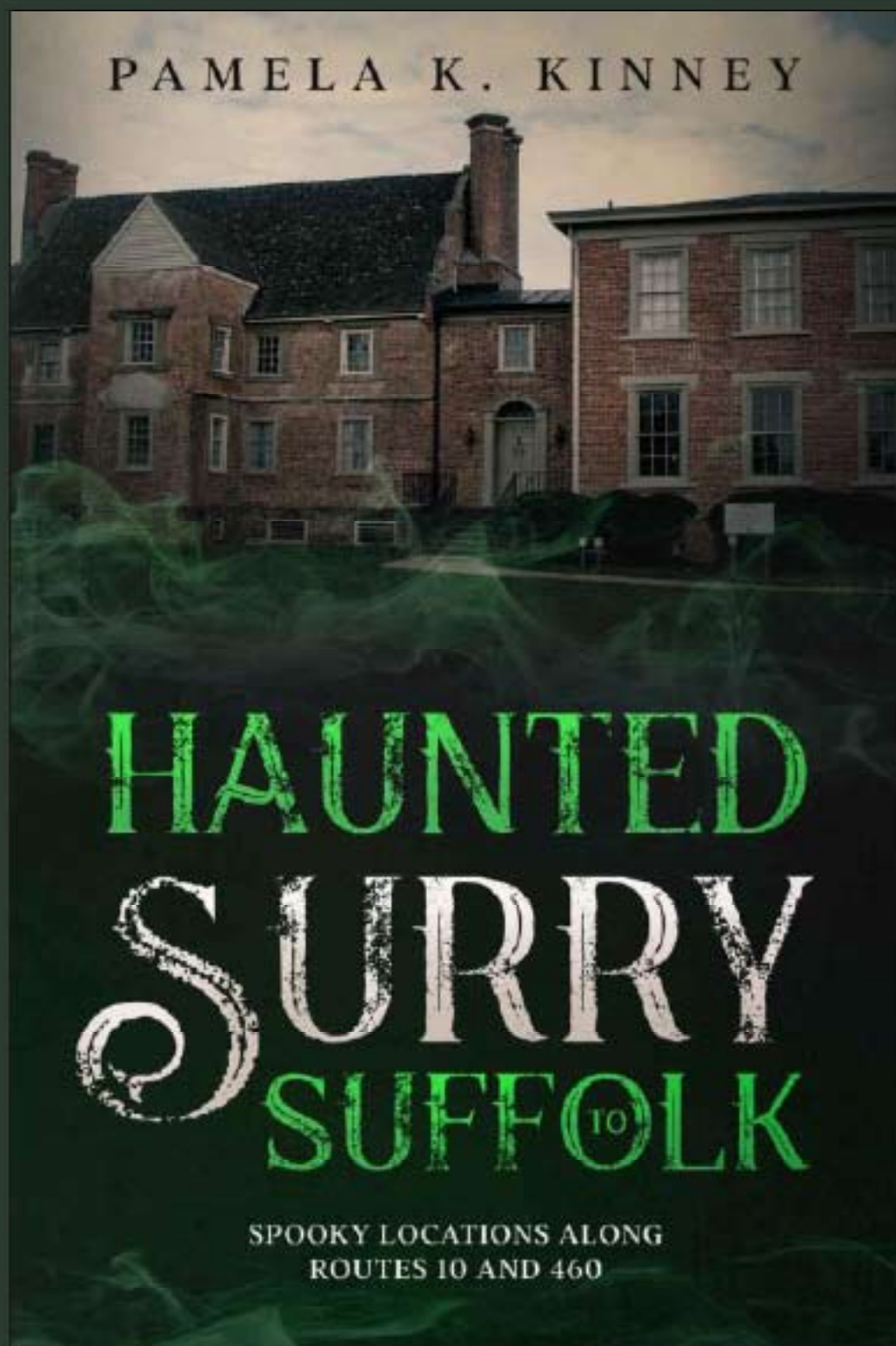
Very well spoken. Hopefully the news ahead — especially from the Space Brothers — will be of a positive nature and there will be a long period of peace and harmony for our great world as it spins in space, not alone, but lovingly nurtured by benevolent forces instead.

Meanwhile, Kuthumi, the highest authority quoted in *Cosmic Messages*, says the channeled words of Tuella and the others are "not for eloquence, entertainment or intellectual fare ... neither profound nor prophetic, but rather timely and emphatic. They are lowered into the physical octave specifically for preparing certain souls who are now ready to receive them." And as Tuella herself declares, "Read not to contradict, nor to believe and take for granted, but to weigh and consider."

### **Suggested Reading**

- *Psychic and UFO Revelations for the Twenty First Century*
- *Cosmic Messages From the Space Brothers and the Ashtar Command*
- *Future Humans and UFOs* By Diane Tessman
- *Tim R. Swartz's Big Book of Incredible Alien Encounters*
- YouTube Channel: "Mr. UFO's Secret Files" ♦

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Available on Amazon

# THE WEREWOLF OF BETTEMBOURG

By Paul Dale Roberts, Halo Paranormal Investigations

**D**uring my time in the U.S. Army working for the Criminal Investigation Division (CID) Drug Suppression Team as an MP (Military Police), I was stationed overseas. I quickly learned that stories of mythological wolves and werewolves were common in many European countries.

I learned of one particular creature, which was believed to be a werewolf, that roamed Bettembourg, a town located in southern Luxembourg. It's said that the werewolf prowls the hills of the town and its howls can still be heard today. Here is the story behind the legend ...

A young man who was supporting his elderly parents went off to war. The townsfolk heard nothing from this young man for a long time, so they wondered if he was still alive. His elderly parents were very concerned about where their son was and began to think he may have been killed in the war.

With broken hearts, both passed on, and their son became a forgotten memory to the townsfolk.

One day, a disabled soldier came down a road to Bettembourg. He seemed to appear out of nowhere, and it was evident that he had witnessed horrifying things and undergone nightmarish times. His eyes were full of shock and horror, and he was cursing underneath his breath as he approached the town.

The disabled soldier finally took a seat and kept mumbling to himself. He spied a crucifix made of stone, and like a crazy man, he started throwing stones at the crucifix. He was acting as if he was possessed by a demon. He destroyed the stone cross, and then after the destruction of the cross, he left the town of Bettembourg.

From that day on, the town of Bettembourg became haunted by a savage horrific beast that looked like a wolf. This wolf would violently slaughter any living animal or human crossing its path. And, soon, the townsfolk no longer thought the creature was just a wolf, but it was a werewolf.



A monk asked the townsfolk to create a silver bullet to kill this werewolf. On the silver bullet, they engraved holy names from the Bible. Then, the townsfolk sought out one of their own, a marksman who was known to have an accurate shot when hunting deer.

The marksman made good with his expertise with the rifle and killed the werewolf. To the surprise of the villagers, when they approached the dead body of the werewolf, it transformed into the disabled soldier. The dead disabled soldier was cremated, and prayers were said over his ashes. The villagers spread his ashes in an unknown location, and the town was never terrorized by a werewolf again.

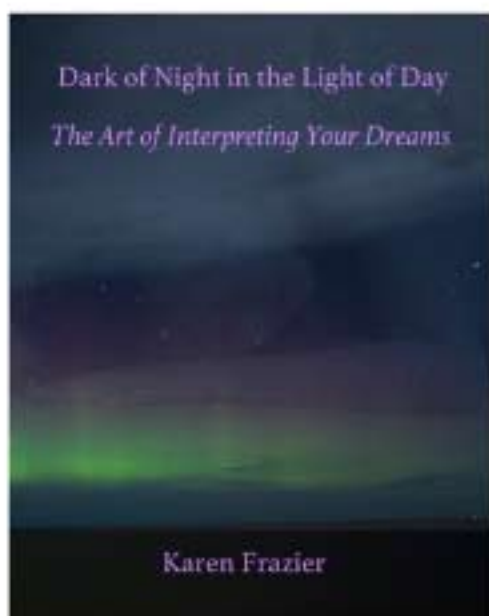
However ... there are still some townsfolk who claim they can hear the howling of the werewolf late at night. ♦



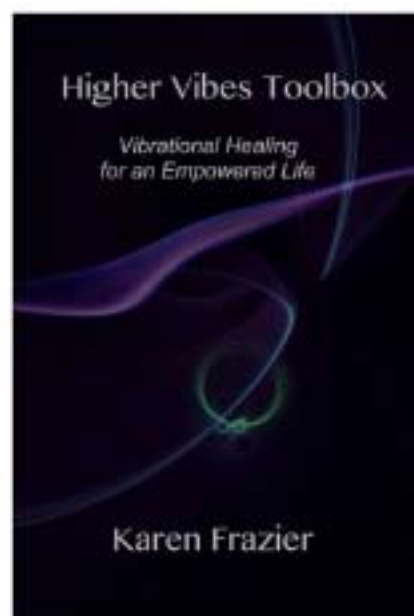
New from *Paranormal Underground* columnist

# Karen Frazier

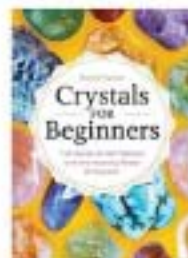
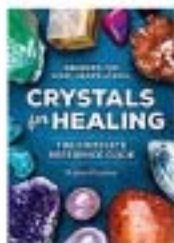
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Also by Karen



[AuthorKarenFrazier.com](http://AuthorKarenFrazier.com)

# UFOs: Unquestioning Belief vs. Irrefutable Proof

By Rainbow Radaelli, Truth Seeker Forum

**H**ow many times have you or anyone you know seen a UFO? The very fact that there are so many things in the sky that are a mystery keeps me wondering why there are so many doubters. Sure, I've seen them with my own eyes and remember being in one, but that is not "proof" for any said skeptic. I can't bring one down at will, and I am not sure the occupants would oblige me if I asked. And to be honest, I did ask once with zero results.

A *National Geographic* survey in 2012 revealed that one-third of Americans believe in UFOs. In 2019, Gallup asked the American public if they had any experiences with UFOs — 40% of residents in the Western part of the U.S. believed UFOs can be attributed to aliens. Only 32% of residents in the East and Southern regions of the U.S. felt the same way compared to a lower percentage in the Midwest, at 27%. Why the discrepancies?

It's obvious that where a person lives influences their beliefs. Common knowledge in this instance shows itself in smaller groups. But does this equal proof? I have experienced UFOs since I was a child, and I can draw the inside of one. The drawing could be considered as proof to some, but others would scoff and tell me I have a very vivid imagination. Those people who want proof handed to them on a silver platter don't understand the paranormal at its core. There is proof all around us, but maybe we aren't trained or evolved enough to always see it.

## Clifford Stone

Around 2014, I had the privilege of visiting with Clifford Stone, who has become a legend in the UFO field due to his massive library of government files on the UFO phenomenon. Clifford talked about his time in Vietnam and the very unusual double life he had that was a part of a top secret UFO crash retrieval mission, which included alien contact.



**My own experience with aliens was extremely frightening and traumatic.**

Clifford went before Congress in 1997 to recount his activity in the military. His library includes unidentified space objects, U.S. Department of Defense UFO files, Project Horizon, Office of Special Investigations files, and foreign UFO files. I ask you, is this enough proof?

## Travis Walton

If you have ever seen the movie *Fire in the Sky*, it's obvious that something very unusual happened to a group of loggers in 1975 who were traveling home from a day of logging. One in particular, named Travis Walton, vanished in plain sight in front of the other loggers. They all saw a



bright light that seemed to follow them as they were traveling down a dirt road homeward bound. It hovered over a tree-lined area close enough so that all the men could see it.

Travis was the only one who got out of the truck, and he walked toward what appeared to be a hovering spacecraft. As he walked toward the UFO, he was hit by a beam of light and disappeared in front of the other men. Within the blink of an eye, Travis and the UFO were gone.

Over the past 30 years, Travis has stayed true to his story of being abducted and reappearing five days later. The logging crew of six men that he was traveling with that fateful day all took lie detector tests, describing what they saw. All passed the test, except for one logger, and his result was inconclusive.

The experience changed their lives forever, and Travis has traveled all over the world speaking about his abduction. He himself has taken 16 lie detector tests. Is this enough proof?

### Westside UFOs

As a young child of six, I was taken by bus to the west side of Albuquerque along with hundreds of other children. Military buses took us all from a local base to the high desert overlooking the city. My first memory of a

Mantid alien happened to be on this day. He was standing in front of a line of children that I happened to be in. I saw three large UFOs in the background behind him on the ground, and I believe there were more.

I was excited because I thought we were all going for fun rides, something like at the state fairgrounds or at a carnival, not understanding what they were. The Mantid “telepathed” to me that the children going on the crafts would not be coming back to their families. I panicked and looked down away from him, praying I wouldn’t be one of the unlucky kids picked to go. I remember I couldn’t breathe, and all I wanted to do was cry. But I didn’t want to draw attention to myself, so I was as stoic as a six-year-old could be.

I saw a young boy I had become acquainted with get picked, and he was very excited to go. He didn’t understand what was happening, and I was too scared to tell him. He was escorted toward one of the UFOs and waved at everybody. I felt so sad for him, and the experience traumatized me for years.

Any time my family went to the west side of Albuquerque for baseball or softball games, I would mentally crumble and I would wet myself. My parents couldn’t understand what was wrong with me, and to be honest,





**The Manzano mountains and west side of Albuquerque, New Mexico.**

I didn't know either because my mind had blocked the trauma of that fateful day when so many children were taken onto the UFOs never to return.

Fast forward to 2004 when my memories of this event and many others came flooding back to me like a tidal wave. I was in denial and in shock. After a year of coming to grips with the memories, I decided I had to take action. I felt it was important to go find the location where this experience happened. It took a tenacity I didn't know I had, because I was still afraid for some reason that "they" might know I had remembered everything.

As I was traveling around the west side of Albuquerque for a few hours, something told me to turn down a road behind a school that had been built a few years before. It had a really strange energy to it, and I was confused because there was a medical building next to it that didn't seem to fit. Behind the school was high desert that seemed to go on for miles, and if you looked really close, you could find petrified wood in the dirt. In my heart, I knew this was the place.

The peculiar energy of the landscape didn't seem to change after all those years I was away. It seemed as if the land itself imprinted the images, emotions, and high strangeness of that day into its roots, crevices, and rocks scattered all around. Funny thing, though, I did feel like I was being watched, but I think it was only in my head.

How was it that I found this place after so long? Why was I still scared? If it was all made up in my head, how is it that I can still to this day remember the UFOs, children, and the Mantid so well? Is this proof enough?

### **The Proof Is in the Pudding**

Millions of people have seen UFOs and filmed them. Millions of people have experienced abductions and lived to tell their tales. Year after year, it's the same stories just with different faces. So maybe the question, "Do you believe in UFOs or aliens" is a moot point now. Is there a better question to ask today?

If I went to another planet, how would I want the inhabitants to greet me? Would I want a hand shake (assuming they have hands) and an understanding that I am welcome? How do our galactic visitors feel about visiting Earth today?

Our world is in turmoil right now, and I don't think that humanity is at its best, but I do believe our world will come out in the end wiser for the wear. We always do; it's just a matter of getting past the secrecy of the few so that the many can move forward unveiling the layers of mistruths.

The quote "The proof is in the pudding" originally said "Proof of the pudding is in the eating." For those like me who believe we ate pudding long ago, whether we liked it or not, we understood and tasted the ingredients of fear. No one likes to be force-fed experiences; now is the time to become the chefs of our own convictions.

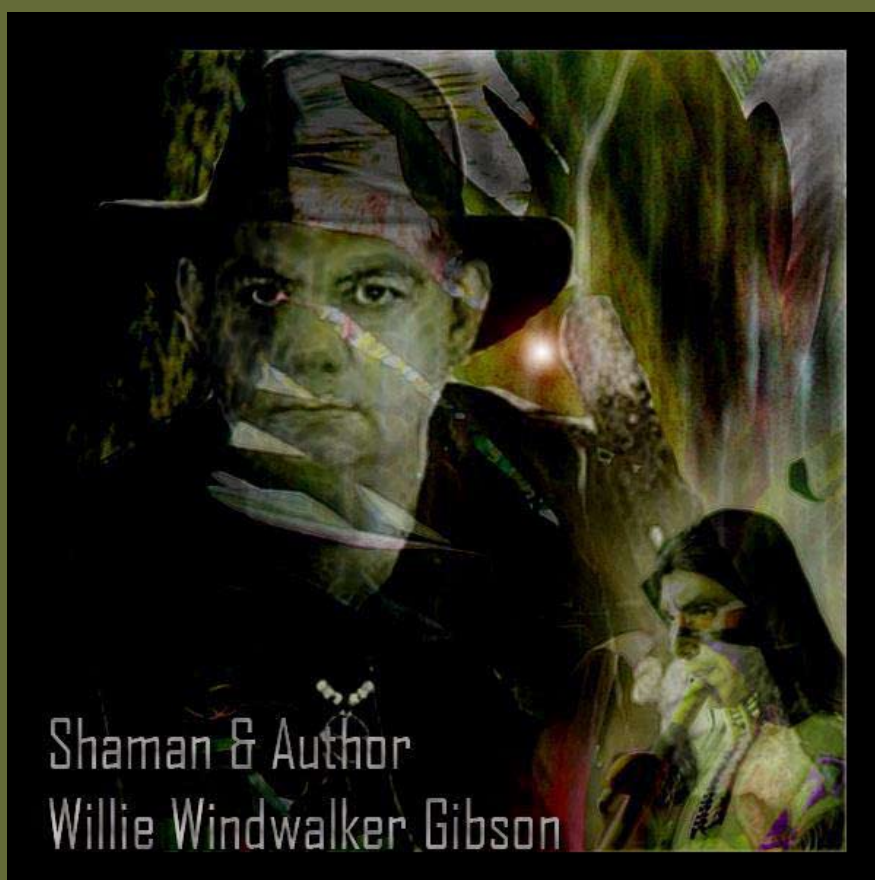
Either way a person thinks about proof, they are right. Proof can be many things, but more so it is based on the bias of experience. The believers versus the nonbelievers always seem to bring out the best and worst in each other. One day, not so far off, I think proof will be a thing of the past. Until that day comes, I've learned to like pudding — only I eat it when I want, and I changed the ingredients. ♦



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# SOMETIMES THINGS ARE NOT WHAT THEY APPEAR TO BE

BY BOB FOUNTAIN, SPECTRAL TECH

**M**ost people who have major medical problems often seek out a second opinion before making a decision on treatment. The same applies to the paranormal. Sometimes a second opinion can cast new light on what something appears to be. This is one of those cases.

\* \* \* \* \*

Usually before our team takes on an investigation, I try to interview the client by phone to get their initial claims and any background information that would help to decide if we will take on a case.

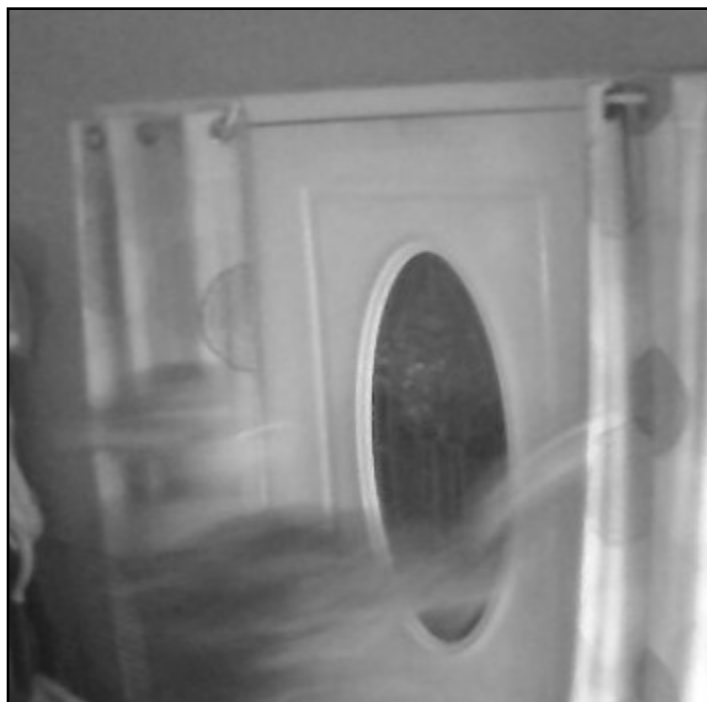
What they know about the history of the property, who has experienced the activity, and what their level of concern is are all important factors as to what action we will take, what equipment we will bring, and what team members to assemble.

This case began when a friend contacted us and asked if we would do an investigation for a lady in Byhalia, Mississippi. I told her it would not be a problem and to have the person contact us to do a phone interview. I did not hear from this lady for almost six months before she called and asked for our help.

The client, Roxanne, talked to me for almost an hour, and I could tell that she was really stressed out about what was happening in her house. She was concerned for her safety, as well as the safety of her autistic daughter who lived with her. She wanted to know if there was anything she could do to stop the activity or help the spirits move on.

I asked her why she had waited so long to contact us, considering her fears.

She said she had a paranormal team from Memphis investigate and said they asked only three questions and stayed around 30 minutes. They had told her she had several entities in her residence and a little boy who was



**This image was captured on Roxanne's motion-sensor security camera in her house when no one was home. It seems to show the apparition of an entity.**

afraid to move on. I questioned how they could arrive at such a conclusion with only three questions and told her they could have caused more emotional upheaval with such statements. I know of no professional teams who would make such claims with such limited data.

When she tried to contact them after their visit, they never responded. That's when she called us.

## **Paranormal Claims**

Roxanne said she had been pushed from behind several times (once causing physical injuries requiring four stitches), seen shadow people in the house, and had items moved or gone missing. She also had pictures of



strange mists and shadows captured on security cameras in her house.

Finally, her neighbor said they had found satanic items and candles in the attic of the adjoining attached residence that were removed and burned in the yard.

### Our Investigation

Upon arrival, we found the residence to be a dual residence, with one residence being two stories and the client's residence being an attached single-story apartment. We were informed that the building was part of a larger homestead that once had a large plantation house that was built in the 1800s but had been destroyed in a fire. We were also told that an abandoned cemetery was located on the property behind the original house and assumed to be the original owner's family plot. It almost sounded like the beginnings of a horror movie.

After being filled in about the claims, Roxanne shared with us her research about the family history of the property and the conclusions she had made as to who or what she thought was causing the activity.

We advised her that we would not even begin to make any conclusions until we had reviewed the data captured during our initial investigation, and possibly that a second investigation would be needed before we would provide any theories.

Team members Tara and Brandon proceeded to investigate using various EMF meters, digital recorders, and

### Roxanne has been pushed, seen shadow people, and had items moved or gone missing.

a, SLS camera. During the 2 ½ hours we were there, both Tara and Brandon appeared to make contact with an entity that was willing to communicate, with Tara continuing to receive responses and Brandon analyzing the responses and explaining the possible meanings to Roxanne as they occurred.

I took an overall assessment as to the root concerns of Roxanne, and depending on the analysis of the data, what further actions would be needed to develop a clearer picture of what we were dealing with.

During the investigation, it was asked if a five-year-old entity she called George was stuck or trapped there. George had died in the house in 1910. We eventually got a response through the K-II EMF Meter that it was Stephen (George's father) that was stuck, not George. This could mean that George only comes and visits



**This image, captured on Roxanne's home security camera when no one was home, seems to have captured a mist-like entity on the lower left side of the image.**

because his dad is still there, and his dad is there because of his attachment to the house he built and where generations of his family lived. The neighbor's child said that she had seen a little boy playing with her toys in her room several times.

We also got a positive response when asked if their family was buried in the cemetery behind the original house (which can possibly give us verification if it is indeed the Crockett family, who were the original owners).

We got mixed responses when asked if they needed help, which can mean one or all of the entities may or may not need, or want, help. That also creates an ethical question about trying to force an entity to leave when it wishes to stay.

We concluded the investigation at approximately 4:30 p.m. We proceeded with the analysis of all the data over the next week.

### Conclusion

First and foremost, none of the investigators sensed anything negative during our investigation, nor did we pick up any negative responses as we communicated through our equipment. All three investigators believed the activity was simply to show that the entities were there. One of the validations that this was the case was on one of the EVPs we captured when asking why they were there. The EVP said, "Know us."

By the responses we got during our investigation, and the other EVP responses we captured during the investi-

gation, we can rule out that this is a residual haunting. It seems to be an intelligent entity, or entities, that willingly tried to communicate with us. If they were negative, they most likely would not have responded at all.

The shoving from behind, and things being moved or hidden, is a behavior that would be typical of a bored little five-year-old child being mischievous and knowing he can get away with it. Perhaps telling his dad (Stephen) to reign him in would end those issues.

There were concerns about Roxanne's daughter and if some of her behaviors were being influenced by these entities. After researching behaviors caused by autism, I found certain behaviors are common traits in those suffering with autism and not an indication of paranormal influence. I found a volume of literature on how to deal with some who exhibit those behaviors to give to Roxanne that might lessen the concern of spirit attachments.

Spirits will sometimes stay on the land, in the houses they occupied, or with material objects they held dear when alive, not because they are trapped, but because they are comfortable there. There is a real possibility that the spirit of Stephen decided to stick around and the spirit of his wife and child crossed over into spirit. They could very easily come back to visit Stephen, and their request for help is for Stephen to cross over and join them.

The child purportedly saying it wasn't his fault and was an accident could simply be in reference to the pushing and moving items and not about something he did while living.

**Spirits will sometimes stay in the houses or on the land they occupied and held dear while alive.**

### Suggestions

We told Roxanne that based on what we captured, there doesn't appear to be anything to be afraid of in the house, other than it is often unsettling to know you are sharing your house with unseen guests. Often, once you acknowledge them, the activity ceases or is reduced greatly.

We gave Roxanne options about removing the entities and let her know that we would follow up with her in a few weeks for her decision.

This "second opinion" seemed to make sense to Roxanne and alleviated many of her fears she had from what she got from the first team she had investigate. After all, sometimes things are not what they appear to be.

### Update

When we called to schedule a follow-up meeting of our findings with Roxanne, we found out she suffered a heart attack on Christmas Eve and is awaiting surgery. We will give her the hard copies of our finding after she recovers.

We were also advised that her neighbor had gone into the area where the cemetery was located and found that loggers had bulldozed the land and that all the headstones were gone. Hopefully, they relocated the bodies. That ended our hopes that we could validate the entities with the names in the family plot, and thoughts of the movie *Poltergeist* came to mind.

Only time will tell if this investigation is over. ♦

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Hello!

**My name is Ann Morris, and I investigate and study EVP in the UK.**

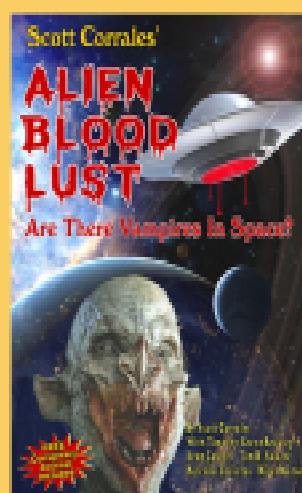
**I have set up LOST VOICES to bring together EVP enthusiasts at a place where we can share our thoughts, findings and theories.**

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# ALL HEALING IS SELF-HEALING

By Karen Frazier, AuthorKarenFrazier.com

**T**here's a "secret" I share at the start of any energy healing workshop that is the single most important thing you need to know about healing: Regardless of the healing modality used, all healing is self-healing.

For example, in Reiki, when I offer you Reiki energy, you draw the energy from me into your body and spirit. All I do is make it available. I'm not the one doing the work; you are.

When you are drawn to a crystal and you use that crystal to affect your vibration through entrainment, you are allowing the crystal to do so. You are choosing to align with its energy, and you are allowing healing through your intent and willingness to match your vibration to the healing frequency of the crystal.

When you take a pill — whether it's a sugar pill or a powerful drug — you alone are determining its effects on your body by your intention, beliefs, and attention (thoughts). It's why the placebo effect is so powerful.

You are a powerful healer. Through your focus, intention, and belief, you allow for the conditions of healing. So regardless of the type of healing you choose — energy, traditional medicine, Reiki, crystals, sound, meditation, or something else altogether — you are the healer. Healing occurs because you allow it.

## **Let Your Past Be Your Power and Not Your Pain**

Virtually everyone has a supply of past hurts — both major and minor — stored away and ready to rise to the surface. As we explore this pain over and over again, however, we allow ourselves to feel hurt once again as we relive it. This creates a vibration that attracts similar energy and perpetuates our pain.

I'm not suggesting you ignore what happened to you. Instead, I'm suggesting you transform it into a source of strength. You survived, and you can thrive. Don't allow anyone to steal your power from you, regardless of how much they hurt you.



You are a superhero, and you have the power to change not only your experience, but the entire universe through your rising vibration. Use your pain to fuel your power. Rise stronger than ever to live the beautiful and vibrant life only you can create.

## **Focus Determines Experience**

No matter what is happening in your external world, your inner world can be one of peace, contentment, love, and joy. It's all about where you focus.

In every moment, something beautiful is happening. There is beauty everywhere: in nature, in art, in acts of love and compassion, in moments of joy, in kindness between strangers. It's in a wiggly puppy and a newborn baby. It's in the sunlight filtering between the trees or a bank of fog sitting in a valley.

Beauty is all around you, and if you focus the lens of your inner thoughts on finding it, your experience will become more beautiful. The more you focus on beauty, the more you notice it. And the more you notice it, the more beautiful your life becomes. ♦



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# 5 Tips for Managing Stress & Anxiety

By Dr. Athena Perrakis, Sage Goddess

Let's face it: 2020 has been one hell of a year. The year was not been an easy one for anyone by any stretch of the imagination. I've shared previously how exhausting not knowing is. I've shared how challenging it is to remain optimistic when everything and everyone is shifting around you.

What do you do in uncertain times? What do you do when you just don't know what to do? What do you do when job security isn't so secure anymore, loved ones are transitioning at increasing and alarming rates, and the world as we know it has literally come crumbling down — socially, financially, physically, mentally, and emotionally? What do we do when everything we know is no longer?

This has been the experience for so many people, and it will be this way for a while. Welcome to the new normal. And yet, even with the dark clouds and distant silver linings, there is a silver lining in all of it that we can believe in, that we can rest in.

I've often heard it said that when one is experiencing depression, they're lamenting and holding on to the past. When someone is experiencing anxiety, they're living in the future. Both scenarios keep us from the gold found in the present moment; the place upon which we stand now. 2020 rocked us all in ways we couldn't have possibly imagined. It's uprooted our plans and has given us a wake-up call in its place.

With so much uncertainty, it's easy to get caught up in the "what if" game, which if not carefully observed, will have us tossing back and forth in a mental spiral of worry, stress, strain, and more.

If there's ever a time to pull out and practice all of your self-care and grounding rituals, now is it. Below, I share a few tips that I hope will help you come back to the gift of now.

## 1. Be OK With Not Being OK

When stress and anxiety greet us, it's second nature sometimes to bypass and affirm our way through the feel-



ings and experiences. But how helpful is this? Is doing so creating lasting shifts in your life or serve more as a temporary fix, only to resurface later?

When you're not feeling your best, it's OK to acknowledge that this is your current reality. It's OK to be with what you're feeling and feel it all. This doesn't mean you are to be consumed by it, no. It does mean, however, that you can learn from it. Every emotion and experience has something to teach us — whether good, bad, or indifferent.

When you're feeling anxious and stressed, inquire into what these experiences are telling you. What can you learn, and what's there for you to realign?

## 2. Pace Yourself and Ask for Help

Remember, one of the causes of anxiety is looking into and attempting to figure out the future. Although it's normal to want to plan, your planning shouldn't come at the expense of your present peace of mind and happiness.



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A great practice to incorporate to help circumvent and manage stress and anxiety is to be realistic in how much you take on at any given time.

Say “yes” only to those things, experiences, and people that are a “hell, yes!” If you’re feeling unsure and a bit lackluster about something, take that as a cue to pause and reconsider. What’s being asked of you may not be what’s best for you.

It’s OK to say no or simply come back to something at a later time. In those moments when certain responsibilities and tasks can’t be avoided, ask for help and, if needed, an extension so that you can gather yourself. When you’re able to communicate your needs clearly, people — and the Universe — respond accordingly. Remember this the next time you find yourself wanting to live up to some inner critic yelling at you that you need to do it all now. Truthfully, you don’t.

### 3. Go to Your ‘Spot’

Do you ever notice how every worry, care, or concern melts away when in the company of nature? Nature is healing. Its green energy soothes, calms, holds, and relieves us of the stressors we carry. Nature is a constant listener and an ever-present friend that we can rely on for support, grounding, and peace.

A practice to develop is knowing your spot — those places in nature where you come alive. Those places that trade your anxiousness for a full cup of love, beauty, creativity, and peace (perhaps, the best brew ever!). The places that engage your inner child, creativity, your heart, and imagination. These are the places that we **MUST** visit and visit often — we cannot compromise on this, especially if peace of mind and spirit is what we’re after.

Get clear on the place in nature that serves as your haven and incorporate time, weekly to start, where you make it a point to go there. It doesn’t have to be somewhere far; your spot can be a tree in the backyard or a stone to sit upon that calls to you.

### 4. Protect Your Peace With Gems, Herbs, and Oils

Speaking of nature, I’d be remiss if I didn’t mention the importance of working with gems and herbs that are specific to managing and reducing stress and anxiety. A few favorites include amethyst — a powerful Crown Chakra stone that sweeps you in calm, tranquility, and peace of mind; celestite — a calming Throat Chakra gem that helps you release worry and fear while inviting in the guidance and connection to the angelic realms; and rain-

bow hematite — a powerful Root and Crown Chakra stone that activates all seven chakras, bringing you alignment, grounding, and increased energy.

There are also quite a few oils and herbs that I recommend adding to your arsenal, such as geranium, which helps alleviate worry and sadness while lifting your spirits; sandalwood, which calms the mind, deepens meditation, and purifies surrounding energies; and tuberose, a potent Crown Chakra opener that’s calming and instills a deep sense of peace and ease to the mind and body.

### 5. Do Peace Checks Regularly

So this might sound a bit corny, but I promise you it’s anything but. Just as we have regular doctor, therapy, grooming, and other appointments, it’s imperative that we take the same care and give the same attention to our mental well-being.

A lot of stress and anxiety is caused by not having the proper metrics and practices in place that alert us when we’re reaching our edge. Most times, we don’t know how truly stressed we are until there’s been some major health crisis or an emotional outburst that seemingly came from nowhere. We can do better with our sanity and mental-emotional well-being by incorporating daily (or even hourly) peace checks.

So what is a peace check? It’s any practice that you can commit to that will help you gauge where your peace is at any given time of the day. Your peace check can be five minutes of intentional breathing (away from technology and people); a dance break to get your body moving and releasing any stored, stuck, and stagnant energies; acknowledging what you’re grateful for and celebrating the wins in a journal that’s set aside just for this purpose; and more.

Have fun with this. I promise you, this will become your new favorite and, hopefully, part of your normal.

### In Closing

Times are challenging, but we don’t have to add to the challenges and upsets that will naturally arise. By taking on one or more of the above insights, you can live a life that’s more peaceful, centered, loving, and full of goodness. I recently read something that grabbed my attention: Life is to be trusted, not understood. Please keep this close to heart whenever you start to find yourself in your head, trying to figure out what to do, what’s going to happen, and if there’s a way to avoid it.

There are some things we can delay, but for those things that we can’t, remember that life always has a master plan and only asks that we trust its way. ♦

**Do a peace check every day,  
such as intentional  
breathing, a dance break,  
or mindful journaling.**

# THE REBIRTH

By Willie Windwalker Gibson

The year 2020 will go down as the worse year in human history. COVID will probably kill almost half a million people before we even start slowing down in 2021.

The powers that be did not properly handle caring for the American people. Evil ran rampant over Americans, and the world for that matter.

Many were lost to cancer too. My sister Robin lost her battle to cancer on August 16, 2020. In watching her battle the disease, I could see her slowly dissolve before my eyes.

With her hair gone and her body slowly fading away, looking into her eyes I could see the light going away daily. Prayers from all over were said daily for her, and her faith in God never left her. In fact, she would say, "I'm not going to die. I'm just going on a journey." She would say, "Don't cry over me. Rejoice that I will be reborn into something else — the light."

The day of her death, and as the death rattles started, I could see orbs of light outside her window. They would come up to the window, as if spirits were waiting to greet her.

As family members waited in the living room, they saw her dead husband appear and walk down the hallway to her room. Within minutes my sister Robin was gone.

As the family went into the room, they could see a bright light surrounding her body in bed. Then after everyone kissed her bald head and said goodbye, the light slowly dimmed away.

At her wake a few days later, I could sense her soul was still around. As the minister started the funeral, I could sense the energy leave at the end. My sister was cremated, and her urn was given to her son later that week.

A few weeks passed, and I finally got a peace of mind that things were settling down to some normalcy. Then I got a call from my niece, who said she saw her mom, my sister, in a dream.

She said her mom looked to be in her 20s and was



dressed in a white robe. My niece said that her mom said she loved her and that she was OK now. My sister told my niece she had no pain and she was happy. I was happy she did let the kids and grandkids know she made it ... that she was reborn.

I always knew there was another side, because my dad had showed me years before. After his passing, he had come to me while I was lying on his bed in his bedroom. So, I knew my sister would transition OK and that loved ones would meet her.

Cancer is a devastating disease. You watch someone just be eaten away by it. It's time this horrible blight on humanity be defeated. Maybe now that we have new energy in Washington we can finally get it done.

I hope 2021 will soon bring us peace of mind and joy. ♦

"Transcending the cycle of death and rebirth is the real purpose of this life in human form."

— Mata Amritanandamayi



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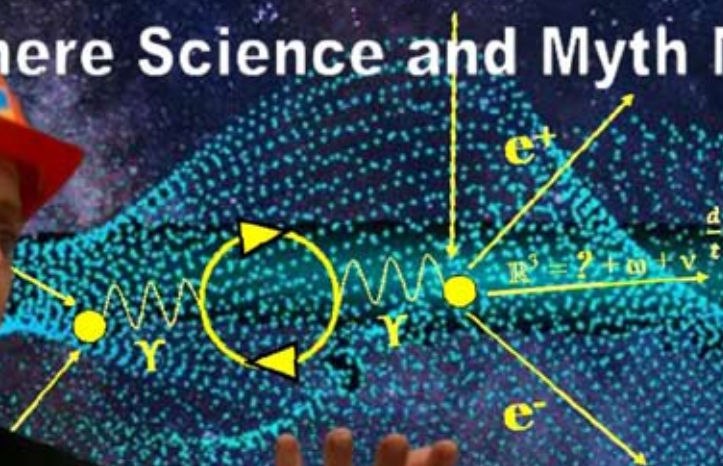
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